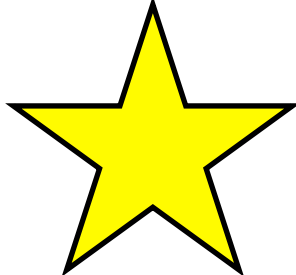
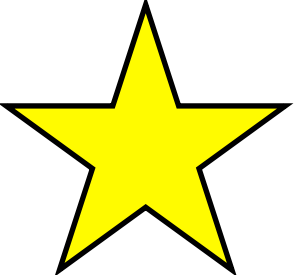


BOYS

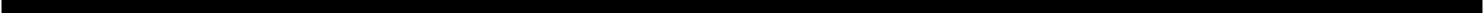
**CROSS
COUNTRY**

**RETURNING
RUNNER'S**

**FROM
2018**



Seniors 4, Juniors 2, Sophomore 0, Freshman 0





We use last Years Best Times from three sites.
These may not be their best times.



(2) Daniel Shephard (NR) SR

BEST TIMES in 2018

Bear Mountain Park, NY **15:43.95** (2nd, Oct. 25th) **PR**
Bowdoin Park, NY **17:05.40** (48th, Nov. 24th) **PR**
Van Cortland Park, NY **DID NOT RACE** **PR 13:37.30**

(1 0) Travis Delaney (SUFF) JR

BEST TIMES in 2018

Bear Mountain Park, NY **16:16.70** (5th, Oct. 25th) **PR**
Bowdoin Park, NY **17:20.30** (5th, Oct. 20th) **PR**
Van Cortland Park, NY **13:24.00** (Oct. 13th) **PR**

(1 1) Jack Balk (SUFF) SR

BEST TIMES in 2018

Bear Mountain Park, NY **17:02.77** (17th, Oct. 25th) **PR 16:56.30**
Bowdoin Park, NY **18:06.90** (21st, Oct. 20th) **PR 17:16.00**
Van Cortland Park, NY **14:33.40** (Oct.13th) **PR 14:12.00**

(1 5) Matthew Audi (SUFF) SR

BEST TIMES in 2018

Bear Mountain Park, NY **17:22.88** (6th, Oct. 25th) **PR 16:50.40**
Bowdoin Park, NY **18:27.60** (18th, Nov. 13th) **PR 17:22.93**
Van Cortland Park, NY **16:01.20** (2017 Time) **PR 16:01.20**

(19) Bryan Onody (NR) SR

BEST TIMES in 2018

Bear Mountain Park, NY **16:37.75** (7th, Oct. 25th) **PR**

Bowdoin Park, NY **17:34.00** (9th, Oct. 20th) **PR**

Van Cortland Park, NY **NO TIME**

() James Polisenena (AM) JR

BEST TIMES in 2018

Bear Mountain Park, NY **17:33.11** (31st, Oct. 25th) **PR**

Bowdoin Park, NY **19:24.70** (28th, Nov. 3rd) **PR 18:51.93**

Van Cortland Park, NY **14:30.41** (13th, Sept. 22nd) **PR**

