



**IN ROCKLAND COUNTY
BOYS**

**2020 Top Runners
in Each Class**

(Senior, Junior, Sophomore, Freshman)

Sites everybody has run this year.

(Milton, NY, Dual Meets)

ROCKLAND COUNTY

2020 Junior Runner of The Year

(1) John Fontanez (NAN) JR

Date	Meet	Dist.	Race/Place	Time	Place
10/13/20	Dual Meet (TZ, NAN, SUFF)	2.5	1st	12:56.0	Suffern HS, NY
10/17/20	Milton Invite #1	5K	V1. 1st	16:29.7	Milton, NY
10/20/20	Dual Meet (CS, NY, NAN)	5K	1st	16:46.6	Nanuet HS, NY
10/24/20	Milton Invite #2	5K	V3. 1st	16:09.5	Milton, NY
10/28/20	Dual Meet (NR, AM, NAN)	—	—	—	Nanuet HS, NY
10/31/20	Section 1 League Championships	5K	L3. 1st	16:16.9	Milton, NY
11/4/20	Dual Meet (CN, PR, NAN)	—	—	—	Nanuet HS, NY
11/7/20	Milton Invite #3	5K	—	—	Milton, NY
11/14/20	Milton Invite #4	5K	—	—	Milton, NY
11/22/20	Section One Regionals	5K	V. 1st	16:03.3	Milton, NY
11/28/20	Northeast XC Championships	5K	V.S. 20th	16:42.6	Montgomery, NY

Milton, NY (3.1 Miles)

Milton Invite #2

(1st) 16:09.5

Section League Championships 3.1 Miles

(1st) 16:16.9

Section Regionals 3.1 Miles

(1st) 16:03.3

(2) Robert Royston (NY) JR

Best Times This Year.

Milton, NY		16:10.40	PR	Section One Regional
Dual Meet	5K	16:52.00	PR	Nyack, NY
Dual Meet	3M	17:45.10	PR	Pearl River, NY
Dual Meet	2.5M			

(3) Kieran Dudek (CS) JR

Best Times This Year.

Milton, NY		16:14.10	PR	Section One Regional
Dual Meet	5K			
Dual Meet	3M			
Dual Meet	2.5M	13:47.00	PR	Tappan Zee, NY

(4) Michael Niero (NR) JR

Best Times This Year.

Milton, NY		16:39.40	PR	Section One Regional
Dual Meet	5K	16:59.30	PR	Nyack, NY
Dual Meet	3M			
Dual Meet	2.5M	14:56.40	PR	Suffern, NY

(5) Scott Brophy (NR) JR

Best Times This Year.

Milton, NY		16:39.40	PR	Section One Regional
Dual Meet	5K	18:21.00	PR	Nyack, NY
Dual Meet	3M			
Dual Meet	2.5M	14:40.40	PR	Suffern, NY

