



**IN ROCKLAND COUNTY  
GIRLS**

**2019 Top 10 Runners  
in Each Class**

(Senior, Junior, Sophomore, Freshman, 8th Grade)

**Three Sites everybody has run this year.**  
(Bear Mountain, Van Cortlandt, Bowdoin Park)

# ROCKLAND COUNTY

# 2019

# Junior

# Runner of The Year

## (1) Niamh Durcan (PR) JR

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19			V. /		
9/14/19	Briarwood Invitational	5K	V./3rd	20:31.00	Philadelphia, Pa.
9/21/19	Nassau Coaches Invitational	5K	—	—	Bethpage, NY
9/27/19	Florida Runners Invitational	5K	V./7th	20:40.00	Lakeland, Florida
10/4/19	League 2A Championships	3M	V./5th	19:23.25	
10/12/19	Manhattan Invitational	2.5	V.F/24th	16:30.00	
10/19/19	Section 1 Coaches Invitational	5K	V.3/6th	20:32.10	Bear Mountain, NY
10/29/19	Rockland County Championships	3M	V./7th	19:10.30	Van Cortlandt Park, NY
11/9/19	Section 1 Championships	5K	V.B/5th	20:07.90	Bowdoin Park, NY
11/16/19	New York State Meet	4500	V.B/23rd	17:56.60	Bear Mountain, NY
11/23/19	NY Federation Championships	5K	V./70th	20:16.60	Bowdoin Park, NY

### Bear Mountain (3 Miles)

League 2A Championships

119:23.25

Rockland County Championships

19:10.30

### Bowdoin Park (5K)

Section One Coaches

20:32.10

Section One Championships

20:07.90

### Van Cortlandt Park (2.5M)

Manhattan Invit.

16:30.00

### State Meet (2.8m)

17:56.60

### NY Federation Championships (5K)

20:16.60

## **(2) Julia Fears (TZ) JR**

### **Best Times This Year.**

**Bear Mountain State Park  
Van Cortlandt Park  
Bowdoin State Park**

**19:18.80 PR  
16:02.10 PR  
20:13.10 PR**

**League Meet  
Manhattan Invitational  
Section One Championships**

## **(3) Kelly Gilligan (PR) JR**

### **Best Times This Year.**

**Bear Mountain State Park  
Van Cortlandt Park  
Bowdoin State Park**

**19:25.00 PR  
16:15.10 PR  
20:39.30 PR**

**Rockland County Championships  
Manhattan Invitational  
Section One Coaches**

## **(4) Ciara Durcan (PR) JR**

### **Best Times This Year.**

**Bear Mountain State Park  
Van Cortlandt Park  
Bowdoin State Park**

**19:12.60 PR  
16:27.20 PR  
20:42.40 PR**

**Rockland County Championships  
Manhattan Invitational  
Section One Championships**

## **(5) Britney Pezzementi (NR) JR**

### **Best Times This Year.**

**Bear Mountain State Park  
Van Cortlandt Park  
Bowdoin State Park**

**20:14.00 PR  
17:47.30  
20:56.10**

**Rockland County Championships  
Manhattan Invitational  
Section One Championships**

# **(6) Jessica Korman (SUF) JR**

## **Best Times This Year.**

<b>Bear Mountain State Park</b>	<b>20:27.00</b>	<b>Rockland County Championships</b>
<b>Van Cortlandt Park</b>		<b>Manhattan Invitational</b>
<b>Bowdoin State Park</b>	<b>21:26.20</b>	<b>Section One Championships</b>

# **(7) Emma Ginnane (PR) JR**

## **Best Times This Year.**

<b>Bear Mountain State Park</b>	<b>20:44.50 PR</b>	<b>Rockland County Championships</b>
<b>Van Cortlandt Park</b>	<b>17:48.70 PR</b>	<b>Manhattan Invitational</b>
<b>Bowdoin State Park</b>	<b>21:28.20 PR</b>	<b>Section One Championships</b>

# **(8) Elisa Collins (PR) JR**

## **Best Times This Year.**

<b>Bear Mountain State Park</b>	<b>20:43.20 PR</b>	<b>Rockland County Championships</b>
<b>Van Cortlandt Park</b>	<b>17:27.80 PR</b>	<b>Manhattan Invitational</b>
<b>Bowdoin State Park</b>	<b>22:19.10 PR</b>	<b>Section One Coaches</b>

# **(9) Deirdre Sullivan (TZ) JR**

## **Best Times This Year.**

<b>Bear Mountain State Park</b>	<b>21:08.50 PR</b>	<b>League Meet</b>
<b>Van Cortlandt Park</b>	<b>17:58.80</b>	<b>Manhattan Invitational</b>
<b>Bowdoin State Park</b>	<b>22:28.80 PR</b>	<b>Section One Championships</b>

# **(10) Molly McCarren (SUF) JR**

## **Best Times This Year.**

**Bear Mountain State Park  
Van Cortlandt Park  
Bowdoin State Park**

**21:08.50**

**22:23.60**

**Rockland County Championships  
Manhattan Invitational  
Section One Championships**

