



Top Runners

in Rockland County

Boys

Dual meet Results are used, plus:

Manhattan, Leagues, Coaches, Counties, Sections, States, Federations, National's, & other Invitational's

We can only go by the results I have received. You can always send your results in.

(Top 25 Runners)

Week of November 25th

(Due to Hurricane Sandy, there was no meet week of Oct.28th.)

The Section meet was run on Nov. 6th

State meet Nov.10th, we will redo this next week

2012

Rockland County

Runner of The Year

I. Brian Cook (PR) JR

*10/14 (UCH), 10/21 (UCH), 10/28 (UCH),
11/4 (UCH), 11/11 (UCH), 11/18 (UCH),*

Dual Meet Results-Beat: W1 DNR, W2 No Meet,
W3 Kyle Chesterman (NAN), Mike Guglielmo (CS),
W4 Luke Gavigan (TZ),

Suffern Invit. - **15:39.61** Bear Mountain Park

Warwick Big Purple - **15:49.0** Warwick HS

Week of 9/22/12 - DNR

Week of 9/30/12 - DNR

Manhattan: - **12:45.1** Van Cortlandt Park,

League 4B: -**15:44.78 (1st Place)** Bear Mountain Park

Coaches (5K): - DNR Bowdoin Park

County: - **15:32.6 (1st Place)** Bear Mountain Park

Sections: Class B - **16:24.0 (1st Place)** Bowdoin Park

State Meet: Class B - **15:53.7 (3rd Place)**

Federation Meet: **16:18.7 (5th Place)** Bowdoin Park

NXN Regional's: **16:32.4 (20th Place)** Bowdoin Park

Bear Mountain

15:32.6 (2012)

47th Fastest Rockland Time

Bowdin Park

16:18.7 (2012)

6th Fastest Rockland Time

Van Cortlandt Park

12:45.1 (2012)

12th Fastest Rockland Time (2.5 Miles)

League (4B) Champion

Rockland County Champion

Sections: (Class B) Champion

Top Class

Freshman – Patrick Hennelly (Suffern)

Sophomore – Luke Gavigan (Tappan Zee)

Junior – Brain Cook (Pearl River)

Senior – Brain Edsall (Pearl River)

2. Luke Gavigan (TZ) SO

*10/14 (UCH), 10/21 (UCH), 10/28 (UCH),
11/4 (UCH), 11/11 (UCH), 11/18 (UCH),*

Dual Meet Results-Beat: W1 Asaad Jeffrey (NR), Mike Guglielmo (CS), W2 Kyle Chesterman (NAN), W3 Connor Gulick (SUFF), Tim Boston (SUF), W4 Brian Edsall (PR), Ahmed Ahmed (NY)

Suffern Invt.: - **16:27.47** Bear Mountain Park
Queensbury Invt. (5K) - **16:17.80** Queensbury HS
Suffolk Coaches (5K) - **17:02.67** Sunken Meadow
Week of 9/30/12 - **DNR**

Manhattan: - **12:52.7** Van Cortland Park

League 4B: -**16:35.73 (10th Place)** Bear Mountain Park
Coaches (5K): - **DNR** Bowdoin Park

County: - **15:57.22 (3rd Place)** Bear Mountain Park

Sections: Class B -**16:44.68 (2nd Place)** Bowdoin Park

State Meet: Class B - **16:12.7 (11th Place)**

Federation Meet: **18:03.2 (172nd Place)** Bowdoin Park

3. Brian Edsall (PR) SR

*10/14 (14th), 10/21 (3rd), 10/28 (UCH),
11/4 (4th), 11/11 (UCH), 11/18 (UCH),*

Dual Meet Results-Beat: W1 Lee Allen (CN), Matt Raquet (CN), W2 No Meet, W3 Kyle Chesterman (NAN), Mike Guglielmo (CS), W4 Joe Dinan (TZ), Ahmed Ahmed (NY),

Suffern Invt.: - **17:14.33** Bear Mountain Park
Warwick Big Purple - **16:43.1** Warwick HS
Week of 9/22/12 - **DNR**
Week of 9/30/12 - **DNR**

Manhattan: - **13:33.2** Van Cortland Park

League 4B: **16:07.79 (2nd Place)** Bear Mountain Park
Coaches (5K): - **17:19.80** Bowdoin Park

County: - **16:05.85 (6th Place)** Bear Mountain Park

Sections: Class B -**16:46.64 (3rd Place)** Bowdoin Park

State Meet: Class B - **16:20.8 (19th Place)**

Federation Meet: **16:46.8 (35th Place)** Bowdoin Park
NXN Regional's: **16:56.4 (51st Place)** Bowdoin Park

4. Liam Burke (TZ) SO

*10/14 (18th), 10/21 (11th), 10/28 (UCH),
11/4 (7th), 11/11 (5th), 11/18 (UCH),*

Dual Meet Results-Beat: W1 Adam Klein (CS), W2 Miller (NAN), W3 Connor Gulick (SUF), Tim Boston (SUF), W4 David Gates (NY),

Suffern Invt: - **17:32.56** Bear Mountain Park
Queensbury Invt (5K) - **17:48.20** Queensbury HS
Suffolk Coaches (5K) - **17:53.84** Sunken Meadow
Week of 9/30/12 - **DNR**

Manhattan: - **13:21.3** Van Cortland Park

League 4B: **16:33.58 (8th Place)** Bear Mountain Park
Coaches (5K): - **17:41.71** Bowdoin Park

County: - **15:58.41 (4th Place)** Bear Mountain Park

Sections: Class B -**16:53.38 (4th Place)** Bowdoin Park

State Meet: Class B - **16:39.5 (41st Place)**

Federation Meet: **17:20.2 (95th Place)** Bowdoin Park

5. Ben McDermott (PR) SR

*10/14 (11th), 10/21 (5th), 10/28 (UCH),
11/4 (8th), 11/11 (UCH), 11/18 (7th),*

Dual Meet Results-Beat: W1 DNR W2 No Meet, W3 Kyle Chesterman (NAN), Mike Guglielmo (CS), W4 David Gates (NY),

Suffern Invt: - **16:13.67** Bear Mountain Park
Warwick Big Purple - **DNR** Warwick HS
Week of 9/22/12 - **DNR**
Week of 9/30/12 - **DNR**

Manhattan: - **13:25.5** Van Cortland Park

League 4B: **16:15.27 (4th Place)** Bear Mountain Park
Coaches (5K): - **17:10.92** Bowdoin Park

County: - **16:12.66 (8th Place)** Bear Mountain Park

Sections: Class B -**17:03.45 (6th Place)** Bowdoin Park

State Meet: Class B - **16:32.2 (29th Place)**

Federation Meet: **16:56.6 (54th Place)** Bowdoin Park
NXN Regional's: **17:21.6 (83rd Place)** Bowdoin Park

6. Ahmed Ahmed (Nyack) JR

*10/14 (6th), 10/21 (4th), 10/28 (UCH),
11/4(5th), 11/11 (8th), 11/18 (5th),*

Dual Meet Results-Beat: W1 Connor Gulick (SUF),
W2 Michael Guglielmo (CS), Jon O'Neill (CS), W3
No Meet, W4 Ben McDermott (PR),

Suffern Invt.: - **16:45.17** Bear Mountain Park
Red Raider Run (5K) - **17:20.27** Anthony Wayne Park
Week of 9/22/12 – **DNR**
Brewster Classic (5K) – **16:52** Brewster NY
Green Mountain Invt (5K) – **17:26.53** Lakeside Park
League 4B: **16:13.17 (3rd Place)** Bear Mountain Park
Coaches (5K): – **17:20.24** Bowdoin Park
County: – **16:11.06 (7th Place)** Bear Mountain Park
Sections: Class B-**17:15.71 (8th Place)** Bowdoin Park
State Meet: Class B – **16:27.8 (24th Place)**
Federation Meet: **DNR**

7. Kyle Chesterman (Nanuet) JR

*10/14 (5th), 10/21 (6th), 10/28 (UCH),
11/4 (3rd), 11/11 (4th), 11/18 (6th),*

Dual Meet Results-Beat: W1 Tim Boston (SUF),
Ahmed Ahmed (NY), W2 Joe Dinan (TZ), W3 Mike
Guglielmo (CS), W4 Assad Jeffrey (NR),

Suffern Invt.: - **16:57.47** Bear Mountain Park
Red Raider Run (5K) - **17:18.65** Anthony Wayne Park
Week of 9/22/12 – **DNR**
Brewster Classic (5K) – **16:49** Brewster NY
Manhattan: - **13:32.3** Van Cortland Park
League 4B: -**16:17.78 (6thPlace)** Bear Mountain Park
Coaches (5K): - **17:14.72** Bowdoin Park
County: - **15:54.25 (2nd Place)** Bear Mountain Park
Sections: Class B-**17:42.62 (14th Place)** Bowdoin Park
State Meet: Class B - **DNR**
Federation Meet: **DNR**

8. Joe Dinan (TZ) SR

*10/14 (4th), 10/21 (8th), 10/28 (UCH),
11/4 (UCH), 11/11 (6th), 11/18 (UCH),*

Dual Meet Results-Beat: W1 Asaad Jeffrey (NR),
Damian Feeney (NR), Mike Guglielmo, W2 Miller
(NAN), W3 Connor Gulick (SUF), Tim Boston (SUF),
W4 Ahmed Ahmed (NY),

Suffern Invt.: - **16:27.47** Bear Mountain Park
Queensbury Invt. (5K) - **16:43.31** Queensbury HS
Suffolk Coaches (5K) – **17:29.17** Sunken Meadow
Week of 9/30/12 – **DNR**
Manhattan: – **13:27.7** Van Cortland Park
League 4B: -**16:26.00 (7th Place)** Bear Mountain Park
Coaches (5K): – **17:38.10** Bowdoin Park
County: – **16:02.41 (5th Place)** Bear Mountain Park
Sections: Class B-**17:02.98 (5th Place)** Bowdoin Park
State Meet: Class B – **16:52.5 (51st Place)**
Federation Meet: **17:38.3 (139th Place)** Bowdoin Park

9. Patrick Flanagan (TZ) JR

*10/14 (13th), 10/21 (12th), 10/28 (UCH),
11/4(10th), 11/11 (UCH), 11/18 (11th),*

Dual Meet Results-Beat: W1 Stephen Schnalzer (NR),
Jon O'Neill (CS), W2 Miller (NAN), W3 Connor Gulick
(SUF), Tim Boston (SUF), W4 Domenic Fortino (PR),

Suffern Invt.: - **17:01.26** Bear Mountain Park
Queensbury Invt. (5K) – **17:11.79** Queensbury HS
Suffolk Coaches (5K) – **17:42.79** Sunken Meadow
Week of 9/30/12 – **DNR**
Manhattan: – **13:40.0** Van Cortland Park
League 4B:**16:34.38 (9th Place)** Bear Mountain Park
Coaches (5K): – **17:27.91** Bowdoin Park
County: – **16:22.74 (12th Place)** Bear Mountain Park
Sections: Class B-**17:32.21 (11th Place)** Bowdoin Park
State Meet: Class B – **16:57.5 (54th Place)**
Federation Meet: **17:44.6 (149th Place)** Bowdoin Park

10. Brandon Ilie (PR) JR

*10/14 (17th), 10/21 (7th), 10/28 (UCH),
11/4 (UCH), 11/11 (UCH), 11/18 (9th),*

Dual Meet Results-Beat: W1 Lee Allen (CN), W2 No Meet, W3 Nick Morelli (CS), W4 Liam Burke (TZ),

Suffern Invt.: - **17:29.64** Bear Mountain Park
Warwick Big Purple - **17:31.2** Warwick HS

Week of 9/22/12 - **DNR**

Week of 9/30/12 - **DNR**

Manhattan: - **13:53.3** Van Cortland Park

League 4B: **16:15.76 (5th Place)** Bear Mountain Park

Coaches (5K): - **17:54.73** Bowdoin Park

County: - **16:34.98 (14th Place)** Bear Mountain Park

Sections: Class B-**17:17.38 (9th Place)** Bowdoin Park

State Meet: Class B - **DNR**

Federation Meet: **18:10.6 (191st Place)** Bowdoin Park

NXN Regional's: **17:38.5 (110th Place)** Bowdoin Park

11. Assad Jeffrey (NR) JR

*10/14 (UCH), 10/21 (14th), 10/28 (UCH),
11/4 (14th), 11/11 (UCH), 11/18 (10th),*

Dual Meet Results-Beat: W1 Mike Guglielmo (CS), Patrick Flanagan (TZ), W2 No Meet, W3 No Meet, W4 William Barry (CN),

Randolph Invt N.J. (5K) - **17:27.70** Freedom Park
Red Raider Run (5K) - **17:17.09** Anthony Wayne Park

Week of 9/22/12 - **DNR**

Walt Disney World (5K) - **17:19.46** Orlando Florida

Manhattan: - **13:41.6** Van Cortland Park

League 4A: **16:35.03 (3rd Place)** Bear Mountain Park

Coaches (5K): - **17:37.37** Bowdoin Park

County: - **16:25.01 (13th Place)** Bear Mountain Park

Sections: Class A-**17:20.47 (11th Place)** Bowdoin Park

State Meet: Class A - **DNR**

Federation Meet: **DNR**

12. Tim Boston (Suffern) JR

*10/14 (7th), 10/21 (14th), 10/28 (UCH),
11/4 (16th), 11/11 (UCH), 11/18 (14th),*

Dual Meet Results-Beat: W1 Ahmed Ahmed (NY), W2 No Meet, W3 Ryan Tsang (TZ), W4 No Results

Suffern Invt.: - **16:56.23** Bear Mountain Park

Warwick Big Purple - **17:22.5** Warwick HS

Paul Short (5K) - **16:48** Lehigh University

Week of 9/30/12 - **DNR**

Manhattan: - **13:50.1** Van Cortland Park,

League 4A: **16:35.37 (4th Place)** Bear Mountain Park

Coaches (5K): - **DNR** Bowdoin Park

County: - **16:18.82 (11th Place)** Bear Mountain Park

Sections: Class A-**17:35.97 (18th Place)** Bowdoin Park

State Meet: Class A - **DNR**

Federation Meet: **DNR**

13. Mike Guglielmo (CS) SR

*10/14 (8th), 10/21 (9th), 10/28 (UCH),
11/4 (11th), 11/11 (UCH), 11/18 (UCH),*

Dual Meet Results-Beat: W1 Vincent Vazarez (NR), Damian Feeney (NR), W2 David Gates (CS), W3 Brandon Ilie (PR), W4 No Results

Suffern Invt: - **16:45.37** Bear Mountain Park
Red Raider Run (5K) - **17:21.71** Anthony Wayne Park

Six Flags Wild Safari (5K) - **16:37.43** Six Flags NJ

Brewster Classic (5K) - **17:38** Brewster NY

Bobcat Run (5K) - **17:17.0** Byram Hills HS

League 4A: **16:24.65 (1st Place)** Bear Mountain Park

Coaches (5K): - **18:23.14** Bowdoin Park

County: - **16:39.74 (15th Place)** Bear Mountain Park

Sections: Class A-**17:42.50 (20th Place)** Bowdoin Park

State Meet: Class A - **DNR**

Federation Meet: **DNR**

14. Liam Purdy (NR) SR

*10/14 (NR), 10/21 (NEW), 10/28 (UCH),
11/4 (25th), 11/11 (UCH), 11/18 (12th),*

Dual Meet Results-Beat: W1 DNR W2 No Meet, W3 No Meet, W4 Flannery (NAN)

Randolph Invit N.J. (5K): - DNR Freedom Park
Suffern Invit: - DNR Bear Mountain Park
Red Raider Run (5K) – DNR Anthony Wayne Park
Week of 9/22/12 – DNR
Walt Disney World (5K) – DNR Orlando Florida
Manhattan: - DNR Van Cortland Park
League 4A: **16:41.14 (5th Place)** Bear Mountain Park
Coaches (5K): - **17:35.33** Bowdoin Park
County: - **16:41.14 (16th Place)** Bear Mountain Park
Sections: Class A-**17:21.23 (12th Place)** Bowdoin Park
State Meet: Class A - DNR
Federation Meet: DNR

15. Vinny Vazquez (NR) JR

*10/14 (16th), 10/21 (10th), 10/28 (UCH),
11/4(12th), 11/11 (UCH), 11/18 (16th),*

Dual Meet Results-Beat: W1 Patrick Flanagan (TZ),
W2 No Meet, W3 No Meet, W4 William Barry (CN),

Randolph Invit N.J. (5K): - **17:44.00** Freedom Park
Red Raider Run (5K) - **17:34.33** Anthony Wayne Park
Week of 9/22/12 – DNR
Walt Disney World (5K) – **17:29.74** Orlando Florida
Manhattan: – **13:39.1** Van Cortland Park,
League 4A: **16:32.24 (2nd Place)** Bear Mountain Park
Coaches (5K): – **17:40.57** Bowdoin Park
County: – **16:42.31 (17th Place)** Bear Mountain Park
Sections: Class A-**17:46.13 (23rd Place)** Bowdoin Park
State Meet: Class A - DNR
Federation Meet: DNR

16. Damian Feeney (NR) SR

*10/14 (4th), 10/21 (16th), 10/28 (UCH),
11/4 (UCH), 11/11 (UCH), 11/18 (15th),*

Dual Meet Results-Beat: W1 Patrick Flanagan (TZ),
W2 No Meet, W3 No Meet, W4 William Barry (CN)

Randolph Invit. N.J. (5K) - **16:48.3** Freedom Park
Red Raider Run (5K) - **17:03.65** Anthony Wayne Park
Week of 9/22/12 – DNR
Walt Disney World (5K) – 17:10.18 Orlando Florida
Manhattan: - **13:48.0** Van Cortland Park
League 4A: -**16:53.05 (7th Place)** Bear Mountain Park
Coaches (5K): - **17:28.03** Bowdoin Park
County: - **16:16.20 (10th Place)** Bear Mountain Park
Sections: Class A-**17:36.63 (19th Place)** Bowdoin Park
State Meet: Class A – DNR
Federation Meet: DNR

17. David Gates (Nyack) JR

*10/14 (9th), 10/21 (15th), 10/28 (UCH),
11/4 (13th), 11/11 (UCH), 11/18 (UCH),*

Dual Meet Results-Beat: W1 Kyle Chesterman (NAN),
Tim Boston (SUFF), W2 Jon O'Neill (CS), W3 No Meet, W4 Pat Flanagan (TZ),

Suffern Invit.: - **17:51.11** Bear Mountain Park
Red Raider Run (5K) - **17:11.64** Anthony Wayne Park
Week of 9/22/12 – DNR
Brewster Classic (5K) – **16:56** Brewster NY
Green Mountain Invit (5K) – **17:23.00** Lakeside Park
League 4B: **16:37.98 (11th Place)** Bear Mountain Park
Coaches (5K): – **18:55.50** Bowdoin Park
County: – **16:15.16 (9th Place)** Bear Mountain Park
Sections: Class B-**18:28.71 (29th Place)** Bowdoin Park
State Meet: Class B – DNR
Federation Meet: DNR

18. Max Hattam (CN) JR

*10/14 (21st), 10/21 (NEW), 10/28 (UCH),
11/4 (UCH), 11/11 (UCH), 11/18 (UCH),*

Dual Meet Results-Beat: W1 DNR, W2 Adam Klein (CS), Justin Ortega (NY), W3 Allen Bowen (SUF), Reuben Mulholland (TZ), W4 Vega (NR),

Suffern Invt.: - **DNR** Bear Mountain Park
Red Raider Run (5K) – **18:13.84** Anthony Wayne Park
Fred Gressier – **18:29.55** White Plains HS
Brewster Classic (5K) – **DNR** Brewster NY
Bobcat Run (5K) – **18:03.6** Byram Hills HS
League: – **16:59.51 (8th Place)** Bear Mountain Park
Coaches (5K): – **18:00.12** Bowdoin Park
County: – **16:47.04 (18th Place)** Bear Mountain Park
Sections: Class A-**17:58.16 (31st Place)** Bowdoin Park
State Meet: Class A - **DNR**
Federation Meet: **DNR**

19. Stephen Schnalzer (NR) JR

*10/14 (NEW), 10/21 (22nd), 10/28 (UCH),
11/4 (22nd), 11/11 (23rd), 11/18 (UCH),*

Dual Meet Results-Beat: W1 Jon O’Neill (CS), W2 No Meet, W3 No Meet, W4 Hug (CN), Alex Vignali (CN)

Randolph Invt N.J. (5K) – **18:11.55** Freedom Park
Red Raider Run (5K) – **17:55.19** Anthony Wayne Park
Week of 9/22/12 – **DNR**
Walt Disney World (5K) – **18:00.38** Orlando Florida
Manhattan: - **14:04.8** Van Cortland Park
League 4A:**17:23.06 (15th Place)** Bear Mountain Park
Coaches (5K): - **18:17.59** Bowdoin Park
County: - **17:06.88 (25th Place)** Bear Mountain Park
Sections: Class A-**18:02.04 (37th Place)** Bowdoin Park
State Meet: Class A - **DNR**
Federation Meet: **DNR**

20. Steve Long (TZ) SR

*10/14 (NR), 10/21 (NR), 10/28 (NR),
11/4 (NR), 11/11 (NR), 11/18 (UCH),*

Dual Meet Results-Beat: W1 Randell D’Amelio (NR), Nicky (CS), W2 Miller (Nan), W3 Max Hatton (CN), Allen Bowen (SUFF), W4

Suffern Invt.: - **17:39.96** Bear Mountain Park
Queensbury Invt. (5K) – **17:55.40** Queensbury HS
Suffolk Coaches (5K) – **18:15.91** Sunken Meadow
Week of 9/30/12 – **DNR**
Manhattan: – **14:36.2** Van Cortland Park,
League 4B: – **17:34.90** Bear Mountain Park,
Coaches (5K): – **18:38.38** Bowdoin Park,
County: – **17:15.58** Bear Mountain Park,
Sections: Class B-**18:10.63 (21st Place)** Bowdoin Park
State Meet: Class B – **18:08.5 (104th Place)**
Federation Meet: **18:22.5 (217th Place)** Bowdoin Park

21. Connor Gulick (Suffern) SR

*10/14 (24th), 10/21 (17th), 10/28 (UCH),
11/4 (24th), 11/11 (UCH), 11/18 (22nd),*

Dual Meet Results-Beat: W1 Ahmed Ahmed (NY), W2 No Meet, W3 Ryan Tsang (TZ), W4 No Results

Suffern Invt: - **16:52.01** Bear Mountain Park
Warwick Big Purple – **17:27.0** Warwick HS
Paul Short (5K) – **18:42** Lehigh University
Week of 9/30/12 – **DNR**
Manhattan: - **14:00.5** Van Cortland Park,
League 4A: **16:41.14 (6th Place)** Bear Mountain Park
Coaches (5K): - **DNR** Bowdoin Park
County: - **17:47.81 (44th Place)** Bear Mountain Park
Sections: Class A-**18:00.65 (34th Place)** Bowdoin Park
State Meet: Class A - **DNR**
Federation Meet: **DNR**

22. Ryan Tsang (TZ) SO

*10/14(NR), 10/21 (22nd), 10/28 (24th),
11/4 (NR), 11/11 (NR), 11/18 (21st),*

Dual Meet Results-Beat: W1 Adam Klein (CS), James Feeney (NR), W2 Miller (NAN), W3 Steve Cho (SUF), Max Hatton (CN), W4 No Results

Suffern Invit.: - **17:34.33** Bear Mountain Park
Queensbury Invit. (5K) - **17:40.60** Queensbury HS
Suffolk Coaches (5K) - **18:33.18** Sunken Meadow
Week of 9/30/12 - **DNR**

Manhattan: - **14:16.6** Van Cortland Park,
League 4B: **17:35.73 (17th Place)** Bear Mountain Park
Coaches (5K): - **18:28.16** Bowdoin Park
County: - **17:23.44 (35th Place)** Bear Mountain Park
Sections: Class B-**18:12.57 (22nd Place)** Bowdoin Park
State Meet: Class B - **18:04.3 (101st Place)**
Federation Meet: **18:52.0 (237th Place)** Bowdoin Park

23. Flannan Hehir (TZ) JR

*10/14 (20th), 10/21 (23rd), 10/28 (UCH),
11/4 (23rd), 11/11 (24th), 11/18 (UCH),*

Dual Meet Results-Beat: W1 James Feeney (NR), W2 Miller (NAN), W3 Max Hatton (CN), Allen Bowen (SUF), Matt Raquet (CN), W4 Domenic Fortino (PR),

Suffern Invit.: - **17:24.85** Bear Mountain Park
Queensbury Invit. (5K) - **17:44.36** Queensbury HS
Suffolk Coaches (5K) - **18:28.24** Sunken Meadow
Week of 9/30/12 - **DNR**

Manhattan: - **14:35.5** Van Cortland Park
League 4B: **17:31.23 (15th Place)** Bear Mountain Park
Coaches (5K): - **18:49.11** Bowdoin Park
County: - **17:06.68 (24th Place)** Bear Mountain Park
Sections: Class B - **19:13.99** Bowdoin Park
State Meet: Class B - **18:40.0 (113th Place)**
Federation Meet: **19:08.6 (242nd Place)** Bowdoin Park

24. Jayson Bretton (NR) JR

*10/14 (15th), 10/21 (19th), 10/28 (UCH),
11/4 (17th), 11/11 (19th), 11/18 (UCH),*

Dual Meet Results-Beat: W1 Jon O'Neill (CS), W2 No Meet, W3 No Meet, W4 Hug (CN),

Randolph Invit N.J. (5K) - **17:53.40** Freedom Park
Red Raider Run (5K) - **17:33.63** Anthony Wayne Park
Week of 9/22/12 - **DNR**
Week of 9/30/12 - **DNR**
Manhattan: - **14:02.4** Van Cortland Park,
League 4A: **17:10.50 (10th Place)** Bear Mountain Park
Coaches (5K): - **17:53.47** Bowdoin Park
County: - **16:48.93 (19th Place)** Bear Mountain Park
Sections: Class A - **DNR** Bowdoin Park
State Meet: Class A - **DNR**
Federation Meet: **DNR**

25. Steven Cho (Suffern) JR

*10/14 (25th), 10/21 (21st), 10/28 (UCH),
11/4(NR), 11/11 (UCH), 11/18 (UCH),*

Dual Meet Results-Beat: W1 Ahmed Ahmed (NY), W2 No Meet, W3 Flannan Hehir (TZ), W4 No Results

Suffern Invit: - **17:05.58** Bear Mountain Park
Warwick Big Purple - **17:50.1** Warwick HS
Paul Short (5K) - **DNR** Lehigh University
Week of 9/30/12 - **DNR**
Manhattan: - **14:25.4** Van Cortland Park
League 4A: **17:21.77 (14th Place)** Bear Mountain Park
Coaches (5K): - **DNR** Bowdoin Park
County: - **17:04.80 (22nd Place)** Bear Mountain Park
Sections: Class A-**18:12.86 (44th Place)** Bowdoin Park
State Meet: Class A - **DNR**
Federation Meet: **DNR**

Honorable Mention

Diego Santory (Suffern) SO

*10/14 (NR), 10/21 (NEW), 10/28 (UCH),
11/4 (UCH), 11/11 (UCH),*

Dual Meet Results-Beat: W1 Charles Miller (NAN),
Justin Ortegit (NY), W2 No Meet, W3 Matt Raquet
(CN), W4 No Results

Suffern Invt: - **17:10.20** Bear Mountain Park
Warwick Big Purple – **18:13.7** Warwick HS
Paul Short (5K) – **17:53** Lehigh University
Week of 9/30/12 – **DNR**
Manhattan: - **14:14.2** Van Cortland Park,
League 4A: **17:13.60 (11th Place)** Bear Mountain Park
Coaches (5K): - **DNR** Bowdoin Park
County: - **17:08.49 (26th Place)** Bear Mountain Park
Sections: Class A-**18:15.61 (45th Place)** Bowdoin Park
State Meet: Class A – **DNR**
Federation Meet: **DNR**

Jon O'Neill (CS) SR

*10/14 (10th), 10/21 (18th), 10/28 (UCH),
11/4 (19th), 11/11 (UCH),*

Dual Meet Results-Beat: W1 Liam Burke (TZ),
W2 Max Raquel (CN), W3 Brandon Ilie (PR),
W4 No Results

Suffern Invt: - **17:16.80** Bear Mountain Park
Red Raider Run (5K) - **17:59.77** Anthony Wayne Park
Six Flags Wild Safari (5K) – **16:46.96** Six Flags NJ
Brewster Classic (5K) – **17:28** Brewster NY
Bobcat Run (5K) – **17:39.5** Byram Hills HS
League 4A: **17:04.96 (9th Place)** Bear Mountain Park
Coaches (5K): – **18:33.82** Bowdoin Park
County: – **17:08.68 (27th Place)** Bear Mountain Park
Sections: Class A – **DNR** Bowdoin Park
State Meet: Class A - **DNR**
Federation Meet: **DNR**