



**CROSS
COUNTRY**

**IN ROCKLAND COUNTY
GIRLS**

Dual meet Results are used, plus:

Manhattan, Leagues, Coaches, Counties, Sections, States, Federations, National's
& Other Invitational's

We can only go by the results I have received. You can always send your results in.

**(Top 25 Runners)
WEEK OF**

NC - No Change, U - Up, D - Down, HM - Honorable Mention, NL - Not Listed

(1) Mary Hennelly (SUFF) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19			V. /		
9/14/19	Jim Smith Invitational	5K	V./2nd	19:42.73	Sunken Meadow, NY
9/21/19	Suffern Invitational	3M	V.A/1st	18:51.40	Bear Mountain, NY
9/28/19	_____	---	_____	_____	_____
10/5/19	_____	---	_____	_____	_____

(2) Katelyn Tuohy (NR) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	Red Raider Run	3M	V. / 1st	19:21.40	Bear Mountain Park, NY
9/14/19	_____	---	_____	_____	_____
9/21/19	_____	---	_____	_____	_____
9/28/19	_____	---	_____	_____	_____
10/5/19	Great American Race	5K	V./1st	16:22.80	Wake Park, N. Carolina

(3) Una Boylan (PR) SOPH

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/7/19			V. /		
9/14/19	Briarwood Invitational	5K	V./2nd	19:48.00	Philadelphia, Pa.
9/21/19	Nassau Coaches Invitational	5K	V.A/2nd	19:23.49	Bethpage, NY
9/27/19	Florida Runners Invitational	5K	V./1st	19:36.10	Lakeland, Florida
10/4/19	League 2A Championships	3M	V./1st	18:57.81	Bear Mountain, NY

(4) Haliegh Morles (NR) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	Red Raider Run	3M	V. / 2nd	19:21.70	Bear Mountain Park, NY
9/14/19	_____	---	_____	_____	_____
9/21/19	_____	---	_____	_____	_____
9/28/19	_____	---	_____	_____	_____
10/5/19	Great American Race	5K	V./23rd	18:12.70	Wake Park, N. Carolina

(5) Cath. Ruffino (NR) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	Red Raider Run	3M	V. /3rd	19:22.00	Bear Mountain Park, NY
9/14/19	_____	---	---	---	_____
9/21/19	_____	---	---	---	_____
9/28/19	_____	---	---	---	_____
10/5/19	Great American Race	5K	V./62nd	19:01.40	Wake Park, N. Carolina

(6) Julia Fears (TZ) JR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/7/19	CHSAA Practice Run	2.5	V. / 2nd	17:01.30	Van Cortlandt Park, NY
9/14/19	Queenbury Invitational	5K	V.1/26th	19:47.92	Queenbury, NY
9/21/19	Pratt Invitational	5K	V. Bl./4th	21:34.01	Sunken Meadow, NY
9/28/19	_____	---	---	---	_____
10/4/19	League 2A Championships	3M	V./3rd	19:18.71	Bear Mountain, NY

(7) Brooke Hirsch (SUFF) SOPH

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/7/19	Washingtonville Invitational	3M	V. /3rd	19:53.00	Washingtonville, NY
9/14/19	Jim Smith Invitational	5K	V.Sop/3rd	21:25.56	Sunken Meadow, NY
9/21/19	Suffern Invitational	3M	V.A/5th	19:38.80	Bear Mountain, NY
9/28/19	Herrmann Invitational	5K	V.2/5th	20:21.70	Utica, NY
10/5/19	_____	---	---	---	_____

(8) Niamh Durcan (PR) JR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19			V. /		
9/14/19	Briarwood Invitational	5K	V./3rd	20:31.00	Philadelphia, Pa.
9/21/19	Nassau Coaches Invitational	5K	---	---	Bethpage, NY
9/27/19	Florida Runners Invitational	5K	V./7th	20:40.00	Lakeland, Florida
10/4/19	League 2A Championships	3M	V./5th	19:23.25	Bear Mountain, NY
	_____	---	---	---	_____

(9) G. Dellamedagila (NR) SOPH

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	Red Raider Run	3M	JV. / 1st	20:15.70	Bear Mountain Park, NY
9/14/19	_____	---	_____	_____	_____
9/21/19	_____	---	_____	_____	_____
9/28/19	_____	---	_____	_____	_____
10/5/19	Great American Race	5K	V./92nd	19:34.60	Wake Park, N. Carolina

(10) Ciara Durcan (PR) JR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19			V. /		
9/14/19	Briarwood Invitational	5K	V./6th	20:47.00	Philadelphia, Pa.
9/21/19	Nassau Coaches Invitational	5K	_____	_____	Bethpage, NY
9/27/19	Florida Runners Invitational	5K	V./8th	20:44.80	Lakeland, Florida
10/4/19	League 2A Championships	3M	V./8th	19:47.91	Bear Mountain, NY
	_____	---	_____	_____	_____

(1 1) Kelly Gilligan (PR) JR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19					
9/14/19	Briarwood Invitational	5K	V./9th	21:01.00	Philadelphia, Pa.
9/21/19	Nassau Coaches Invitational	5K	_____	_____	Bethpage, NY
9/27/19	Florida Runners Invitational	5K	V./14th	21:05.60	Lakeland, Florida
10/4/19	League 2A Championships	5K	V./6th	19:25.00	Bear Mountain, NY
	_____	---			_____

(1 2) Deirdre Young (SUFF) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	Washingtonville Invitational	3M	V. /7th	20:43.00	Washingtonville, NY
9/14/19	Jim Smith Invitational	5K	V.Sr/	22:23.34	Sunken Meadow, NY
9/21/19	Suffern Invitational	3M	V.A/19th	20:54.60	Bear Mountain, NY
9/28/19	_____	---	_____	_____	_____
10/5/19	_____	---	_____	_____	_____

(13) Alex Tomasello (TZ) SOPH

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	CHSAA Practice Run	2.5	V. / 16th	18:55.90	Van Cortlandt Park, NY
9/14/19	Queenbury Invitational	5K	V.1/67th	21:19.27	Queenbury, NY
9/21/19	Pratt Invitational	5K			Sunken Meadow, NY
9/28/19	_____	—	_____	_____	_____
10/4/19	_____	—	_____	_____	_____

(14) Daniella Cambrea (TZ) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/7/19	CHSAA Practice Run	2.5	V. / 4th	17:20.50	Van Cortlandt Park, NY
9/14/19	Queenbury Invitational	5K	V.1/49th	20:42.20	Queenbury, NY
9/21/19	Pratt Invitational	5K	V.Bl./15th	22:13.11	Sunken Meadow, NY
9/28/19	_____	—	_____	_____	_____
10/4/19	League 2A Championships	3M	V./4th	19:20.10	Bear Mountain, NY

(15) Jessica Korman (SUF) SOPH

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	Washingtonville Invitational	3M	V./12th	21:06.40	Washingtonville, NY
9/14/19	Jim Smith Invitational	5K	V.Jr/10th	22:05.89	Sunken Meadow, NY
9/21/19	Suffern Invitational	3M	V.A/17th	20:46.30	Bear Mountain, NY
9/28/19	Herrmann Invitational	5K	V.2/23rd	21:53.70	Utica, NY
10/5/19	_____	---	_____	_____	_____

(16) Catie Horan (PR) SOPH

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19			V./		
9/14/19	Briarwood Invitational	5K	V./28th	22:52.00	Philadelphia, Pa.
9/21/19	Nassau Coaches Invitational	5K	Soph./1st	21:34.24	Bethpage, NY
9/27/19	Florida Runners Invitational	5K	V./24th	22:26.10	Lakeland, Florida
10/4/19	League 2A Championships	3M	V./13th	20:28.65	Bear Mountain, NY
	_____	---	_____	_____	_____

(17) Katie Peterson (NAN) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/7/19	Somer Invitational	5K	V.D2/13th	21:50.60	Somer, NY
9/14/19	_____	---	---	---	_____
9/21/19	Suffern Invitational	3M	V.C/8th	20:57.30	Bear Mountain, NY
9/28/19	Six Flags Invitational	5K	V.D/11th	20:54.00	Jackson, NJ
10/4/19	League 2A Championships	3M	V./9th	19:56.16	Bear Mountain, NY

(18) Ashley Tyles (CS) SOPH

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	Red Raider Run	3M	V. /7th	21:45.50	Bear Mountain Park, NY
9/14/19	_____	---	---	---	_____
9/21/19	Suffern Invitational				
9/28/19					
10/5/19	_____	---	---	---	_____

(19) Monal Daterao (SUFF) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	Red Raider Run	3M	V. /		Bear Mountain Park, NY
9/14/19					
9/21/19	Suffern Invitational	3M	V.1/20th	20:59.50	Bear Mountain, NY
9/28/19	Herrmann Invitational	5K	V.2/39th	23:03.10	Utica, NY
10/5/19	-----	---	---	---	-----

(20) Paige Hennigan (AM) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/7/19			V. /		
9/14/19	Lady Vikings Classic	2.5	V./19th	17:02.10	Van Cortlandt, NY
9/21/19	Xavier Invitational	2.5	V.A/3rd	17:31.80	Van Cortlandt, NY
9/28/19	Gressler XC Run	5K	V.2/4th	21:29.30	White Plains, NY
10/4/19	Scarsdale Invitational	3M	V./11th	19:45.20	Croton Harmon, NY
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(21) Mia Giaever (TZ) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/7/19	CHSAA Practice Run	2.5	V./6th	17:39.60	Van Cortandt Park, NY
9/14/19	Queenbury Invitational	5K	V.1/73rd	21:25.28	Queenbury, NY
9/21/19	_____	---	---	---	_____
9/28/19	_____	---	---	---	_____
10/4/19	League 2A Championships	3M	V./12th	20:18.28	Bear Mountain, NY

(22) Anne Ginnane (PR) FR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	_____	---	V./	---	_____
9/14/19	Briarwood Invitational	5K	V./31st	21:28.00	Philadelphia, Pa.
9/21/19	Nassau Coaches Invitational	5K	V.A/31st	21:37.32	Bethpage, NY
9/27/19	Florida Runners Invitational	5K	JV./4th	21:43.70	Lakeland, Florida
10/4/19	League 2A Championships	3M	V./10th	20:01.07	Bear Mountain, NY
_____	_____	---	---	---	_____

(23) Aolfe Fitzgerald (PR) SOPH

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/7/19			V. /		
9/14/19	Briarwood Invitational	5K	JV/1st	22:38.00	Philadelphia, PA.
9/21/19	Nassau Coaches Invitational	5K	Sop./2nd	21:43.15	Bethpage, NY
9/28/19	Florida Runners Invitational	5K	V./25th	22:29.80	Lakeland, Florida
10/4/19	League 2A Championships	3M	V./16th	20:56.23	Bear Mountain, NY
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(24) Mady Moroney (PR) 8th

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	Red Raider Run	3M	V. /		Bear Mountain Park, NY
9/14/19					
9/21/19	Nassau Coaches Invitational	5K	FR./1st	21:31.82	Bethpage, NY
9/28/19	Florida Runners Invitational				
10/4/19	League 2A Championships	3M	V./2nd	19:10.54	Bear Mountain, NY
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(25) Gabby Shea (TZ) SR

Weeks in top 25: Pre Season - 9/6 NC,

Dual Meet Results (He Beat):

Date	Meet	Dist.	Race/Place	Time	Place
9/6/19	CHSAA Practice Run	2.5	V. /		Van Cortlandt Park, NY
9/14/19	Queenbury Invitational	5K			Queenbury, NY
9/21/19	Pratt Invitational	5K	V.BI/9th	21:56.53	Sunken Meadow, NY
9/28/19	-----	---	-----	-----	-----
10/5/19	League 2A Championships	3M	V./7th	19:33.17	Bear Mountain, NY

