

# Central Atlantic

## Central Atlantic Colligate Conference



# 20 Championships 12

5K Race

Belmont Plateau, Philadelphia

10/20/12

PLACE	PT	NAME	YR	TEAM	TIME	PACE
1	1	<b>Althea Davidson</b>	<b>SO</b>	<b>Wilmington (del.)</b>	<b>19:00</b>	<b>6:07</b>
2	2	Alyssa Litty	FR	Philadelphia U.	20:04	6:28
3	3	Brianna Ligotski	FR	U. Of Sciences	20:10	6:30
4	4	Jeanette Halliburton	JR	Wilmington (del.)	20:10	6:30
5	5	Taylor Falvey	SO	Philadelphia U.	20:23	6:34
6	6	Emilie Barton	FR	Philadelphia U.	20:36	6:38
7	7	Carolina Cassin	FR	Dominican (N.Y.)	20:41	6:40
8	8	Isalin Howard	SO	Georgian Court	20:47	6:42
9	9	Chelsea Attaway	JR	Philadelphia U.	20:48	6:42
10	10	Justine Berger	SR	Georgian Court	20:53	6:44
11	11	Jennifer Boyle	FR	Holy Family	21:03	6:47
12	12	Pamela Code	SO	Nyack	21:05	6:47
13	13	Tori Trador	FR	Nyack	21:08	6:48
14	14	Cynthia Cuiule	SR	Georgian Court	21:12	6:50
15	15	Jordan Lyons	SR	U. Of Sciences	21:22	6:53
16	16	Krystal Campbell	JR	Dominican (N.Y.)	21:24	6:54
17	17	Jamie Hand	FR	Georgian Court	21:28	6:55
18	18	Brianna Docimo	SR	Post	21:37	6:58
19	19	Jessica Avila	JR	Dominican (N.Y.)	21:40	6:59
20	20	Kristin Waters	SR	U. Of Sciences	21:41	6:59
21	21	Whitney Hora	JR	Wilmington (del.)	21:41	6:59
22	22	Christina Wetzel	JR	Philadelphia U.	21:47	7:01

23	23	Sarah Bariglio	SO	Holy Family	21:54	7:03
24	24	Veronica Blekis	JR	Post	22:02	7:06
25	25	Renee Roncase	SO	Dominican (N.Y.)	22:03	7:06
26	26	Courtney Lafferty	FR	Philadelphia U.	22:03	7:06
27	27	Taylor Landis	FR	Caldwell	22:14	7:10
28	28	Dominique Thomas	JR	Holy Family	22:17	7:11
29	29	Melissa Humble	SO	U. Of Sciences	22:18	7:11
30	30	Grace John	FR	U. Of Sciences	22:32	7:15
31	31	Ashley Ramdin	SO	Dominican (N.Y.)	22:41	7:18
32	32	Laura Amdur	FR	Georgian Court	22:48	7:21
33	33	Sara Wilkins	JR	Caldwell	22:51	7:22
34	34	Briana Kuykendall	FR	Nyack	22:52	7:22
35	35	Sylvia Bialy	SO	Felician	22:52	7:22
36	36	Allison Landry	SR	Georgian Court	22:53	7:22
37	37	Delainey Price	JR	Holy Family	22:54	7:22
38	38	Megan Curran	FR	Nyack	22:55	7:23
39	39	Allison Kmetz	FR	U. Of Sciences	22:57	7:23
40	40	Farheen Abbasi	SO	Bloomfield	23:09	7:27
41	41	Megan Kelly	SO	Georgian Court	23:15	7:29
42	42	Jennifer O'Laughlin	SO	U. Of Sciences	23:15	7:29
43	43	Morgan Ferrick	FR	Wilmington (del.)	23:18	7:30
44	44	Lianne Rossi	SO	Felician	23:21	7:31
45	45	Andrea Saracino	SO	Felician	23:30	7:34
46	46	Emily Schwiederek	FR	Concordia (N.Y.)	23:37	7:36
47	47	Valery Miller	JR	Holy Family	23:40	7:37
48	48	Lisette Castillo	SO	Bloomfield	23:46	7:39
49	49	Bethany Allison	JR	Nyack	23:48	7:40
50	50	Amber Reed	SO	Post	23:49	7:40
51	51	Rachel Barnett	FR	Chestnut Hill	23:50	7:40
52	52	Nahja Carter	FR	Bloomfield	23:53	7:41
53	53	Elizabeth Williams	SR	Goldey-Beacom	23:58	7:43
54	54	Leeann Maily	SR	Nyack	24:02	7:44
55	55	Jessica Lavelle	FR	Post	24:04	7:45
56	56	Meghan McAdorey	SR	Philadelphia U.	24:34	7:55
57	57	Felicia Justice	SR	Goldey-Beacom	24:42	7:57
58	58	Bertina Beaubrun	SR	Bloomfield	24:43	7:58
59	59	Kristy McCrea	SR	Wilmington (del.)	24:56	8:02
60	60	Abigail Lenz	JR	Caldwell	25:02	8:04
61	61	Samantha Kamphausen	SO	Felician	25:06	8:05
62	62	Sarah Grzybowski	FR	Goldey-Beacom	25:08	8:06
63	63	Valarie Orth	FR	Goldey-Beacom	25:27	8:12
64	64	Amanda Berry	SR	Caldwell	25:27	8:12
65	65	Allison Eberly	SO	Chestnut Hill	25:39	8:16
66	66	Ana Carballo	SO	Caldwell	25:49	8:19
67	67	Gina Davidson	JR	Chestnut Hill	25:53	8:20
68	68	Alyssa Murray	SR	Goldey-Beacom	26:10	8:25
69	69	Nicole Pagan	FR	Nyack	26:13	8:27
70	70	Jenipher Rodriguez	FR	Bloomfield	26:47	8:37

71	71	Faye Waanders	SO	Caldwell	27:02	8:42
72	72	Samia Blessigale	FR	Goldey-Beacom	27:16	8:47
73	73	Diana Castellanos	SR	Post	27:17	8:47
74	74	Jennie Heisler	JR	Concordia (N.Y.)	27:18	8:47
75	75	Rosalina Iott	SR	Chestnut Hill	27:24	8:49
76	76	Paola Moran	FR	Caldwell	28:15	9:06
77	77	Chelsey Patten	JR	Chestnut Hill	28:32	9:11
78	78	Alexis Harris	SO	Holy Family	29:03	9:21
79	79	Ashley Hodges	SR	Dominican (N.Y.)	30:18	9:45
80	80	Sharrika Brent	SR	Dominican (N.Y.)	30:57	9:58
81	81	Chenessa Blakemore	SR	Concordia (N.Y.)	31:13	10:03
82	82	Kathleen Saunders	JR	Bloomfield	31:35	10:10
83	83	Arafat Omidiran	JR	Concordia (N.Y.)	32:21	10:25
84	84	Katie Spreitzer	JR	Concordia (N.Y.)	32:40	10:31
85	85	Joanna Chacom	SR	Felician	36:04	11:37

## TEAM SCORE

### 1. Philadelphia University

**Total: Points 44**

(20:44 1:43:38 1:43)

PLACE	NAME	YR	TIME
1	2	Alyssa Litty	FR 20:04
2	5	Taylor Falvey	SO 20:23
3	6	Emilie Barton	FR 20:36
4	9	Chelsea Attaway	JR 20:48
5	22	Christina Wetzal	JR 21:47
6	(26)	Courtney Lafferty	FR 22:03
7	(56)	Meghan McAdorey	SR 24:34

### 2. Georgian Court

**Total: Points 81**

(20:44 1:43:38 1:43)

PLACE	NAME	YR	TIME
1	8	Isalin Howard	SO 20:47
2	10	Justine Berger	SR 20:53
3	14	Cynthia Cuiule	SR 21:12
4	17	Jamie Hand	FR 21:28
5	32	Laura Amdur	FR 22:48
6	(36)	Allison Landry	SR 22:53
7	(41)	Megan Kelly	SO 23:15

### 3. University of Science

**Total: Points 97**

(21:37 1:48:03 2:22)

PLACE	NAME	YR	TIME
1	3	Brianna Ligotski	FR 20:10
2	15	Jordan Lyons	SR 21:22
3	20	Kristin Waters	SR 21:41
4	29	Melissa Humble	SO 22:18
5	30	Grace John	FR 22:32
6	(39)	Allison Kmetz	FR 22:57
7	(42)	Jennifer O'Laughlin	SO 23:15

**4. Dominca, N.Y.****Total: Points 98**

(21:42 1:48:29 2:00)

**PLACE NAME YR TIME**

1	7	Carolina Cassin	FR	20:41
2	16	Krystal Campbell	JR	21:24
3	19	Jessica Avila	JR	21:40
4	25	Renee Roncase	SO	22:03
5	31	Ashley Ramdin	SO	22:41
6	(79)	Ashley Hodges	SR	30:18
7	(80)	Sharrika Brent	SR	30:57

**5. Wilmington (Delaware)****Total: Points 128**

(21:49 1:49:05 5:56)

**PLACE NAME YR TIME**

1	1	Althea Davidson	SO	19:00
2	4	Jeanette Halliburton	JR	20:10
3	21	Whitney Hora	JR	21:41
4	43	Morgan Ferrick	FR	23:18
5	59	Kristy McCrea	SR	24:56

**6. Holy Name****Total: Points 146**

(22:22 1:51:48 2:37)

**PLACE NAME YR TIME**

1	11	Jennifer Boyle	FR	21:03
2	23	Sarah Bariglio	SO	21:54
3	28	Dominique Thomas	JR	22:17
4	37	Delainey Price	JR	22:54
5	47	Valery Miller	JR	23:40
6	(78)	Alexis Harris	SO	29:03

**7. Nyack, N.Y.****Total: Points 146**

(22:22 1:51:48 2:43)

**PLACE NAME YR TIME**

1	12	Pamela Code	SO	21:05
2	13	Tori Trador	FR	21:08
3	34	Briana Kuykendall	FR	22:52
4	38	Megan Curran	FR	22:55
5	49	Bethany Allison	JR	23:48
6	(54)	Leeann Mailly	SR	24:02
7	(69)	Nicole Pagan	FR	26:13

**8. Post****Total: Points 220**

(23:46 1:58:49 5:40)

**PLACE NAME YR TIME**

1	18	Brianna Docimo	SR	21:37
2	24	Veronica Blekis	JR	22:02
3	50	Amber Reed	SO	23:49
4	55	Jessica Lavelle	FR	24:04
5	73	Diana Castellanos	SR	27:17

**9. Caldwell****Total: Points 250**

(24:17 2:01:23 3:35)

	<b>PLACE</b>	<b>NAME</b>	<b>YR</b>	<b>TIME</b>
1	27	Taylor Landis	FR	22:14
2	33	Sara Wilkins	JR	22:51
3	60	Abigail Lenz	JR	25:02
4	64	Amanda Berry	SR	25:27
5	66	Ana Carballo	SO	25:49
6	(71)	Faye Waanders	SO	27:02
7	(76)	Paola Moran	FR	28:15

**10. Bloomfield****Total: Points 268**

(24:28 2:02:18 3:38)

	<b>PLACE</b>	<b>NAME</b>	<b>YR</b>	<b>TIME</b>
1	40	Farheen Abbasi	SO	23:09
2	48	Lisette Castillo	SO	23:46
3	52	Nahja Carter	FR	23:53
4	58	Bertina Beaubrun	SR	24:43
5	70	Jenipher Rodriguez	FR	26:47
6	(82)	Kathleen Saunders	JR	31:35

**11. Felician****Total: Points 270**

(26:11 2:10:53 13:12)

	<b>PLACE</b>	<b>NAME</b>	<b>YR</b>	<b>TIME</b>
1	35	Sylvia Bialy	SO	22:52
2	44	Lianne Rossi	SO	23:21
3	45	Andrea Saracino	SO	23:30
4	61	Samantha Kamphausen	SO	25:06
5	85	Joanna Chacom	SR	36:04

**12. Goldey-Beacom****Total: Points 303**

(25:05 2:05:25 2:12)

	<b>PLACE</b>	<b>NAME</b>	<b>YR</b>	<b>TIME</b>
1	53	Elizabeth Williams	SR	23:58
2	57	Felicia Justice	SR	24:42
3	62	Sarah Grzybowski	FR	25:08
4	63	Valarie Orth	FR	25:27
5	68	Alyssa Murray	SR	26:10
6	(72)	Samia Blessigale	FR	27:16

**13. Chestnut Hill****Total: Points 335**

(26:16 2:11:18 4:42)

	<b>PLACE</b>	<b>NAME</b>	<b>YR</b>	<b>TIME</b>
1	51	Rachel Barnett	FR	23:50
2	65	Allison Eberly	SO	25:39
3	67	Gina Davidson	JR	25:53
4	75	Rosalina Iott	SR	27:24
5	77	Chelsey Patten	JR	28:32

**14. Concordia, N.Y.****Total: Points 368**

(26:16 2:11:18 4:42)

	<b>PLACE</b>	<b>NAME</b>	<b>YR</b>	<b>TIME</b>
1	46	Emily Schwiederek	FR	23:37
2	74	Jennie Heisler	JR	27:18
3	81	Chenessa Blakemore	SR	31:13
4	83	Arafat Omidiran	JR	32:21

