

The logo features the letters 'VVA' in a large, bold, grey font. Overlaid on this is the text 'CROSS COUNTRY' in a black, blocky font. The text is framed by two horizontal arrows: one pointing right above the text and one pointing left below it.

**CROSS
COUNTRY**

**IN ROCKLAND COUNTY
BOYS**

**2020 Top Runners
in Each Class**

(Senior, Junior, Sophomore, Freshman)

Sites everybody has run this year.

(Milton, NY, Dual Meets)

ROCKLAND COUNTY

2020

Sophomore

Runner of The Year

(1) Mason Mayer (SUFF) SOPH

Date	Meet	Dist.	Race/Place	Time	Place
10/13/20	Dual Meet (TZ, NAN, SUFF)	2.5	1st	12:56.0	Suffern HS, NY
10/17/20	Milton Invite #1	5K	V1. 1st	16:29.7	Milton, NY
10/20/20	Dual Meet (CS, NY, NAN)	5K	1st	16:46.6	Nanuet HS, NY
10/24/20	Milton Invite #2	5K	V3. 1st	16:09.5	Milton, NY
10/28/20	Dual Meet (NR, AM, NAN)	—	—	—	Nanuet HS, NY
10/31/20	Section 1 League Championships	5K	L3. 1st	16:16.9	Milton, NY
11/4/20	Dual Meet (CN, PR, NAN)	—	—	—	Nanuet HS, NY
11/7/20	Milton Invite #3	5K	—	—	Milton, NY
11/14/20	Milton Invite #4	5K	—	—	Milton, NY
11/22/20	Section One Regionals	5K	V. 1st	16:03.3	Milton, NY
11/28/20	Northeast XC Championships	5K	V.S. 20th	16:42.6	Montgomery, NY

Milton, NY (3.1 Miles)

Milton Invite #1

(6th) 17:10.0

Section League Championships 3.1 Miles

Did Not Run

Section Regionals 3.1 Miles

(15th) 16:54.1

(2) Giuseppe Colella (NR) SOPH

Best Times This Year.

Milton, NY		16:10.40	PR	Milton Invite #3
Dual Meet	5K	17:20.00	PR	Nyack, NY
Dual Meet	3M			
Dual Meet	2.5M	14:02.60	PR	Suffern, NY

(3) Eduardo Nava (TZ) SOPH

Best Times This Year.

Milton, NY		18:01.10	PR	Milton Invite #2
Dual Meet	5K	17:56.00	PR	Nyack, NY
Dual Meet	3M			
Dual Meet	2.5M	14:30.30	PR	Suffern, NY

(4) Cooper Mitchell (SUF) SOPH

Best Times This Year.

Milton, NY		18:29.90	PR	Milton Invite #2
Dual Meet	5K			
Dual Meet	3M			
Dual Meet	2.5M	15:00.80	PR	Suffern, NY

(5) Cole Massaro (TZ) SOPH

Best Times This Year.

Milton, NY		19:12.80	PR	Milton Invite #4
Dual Meet	5K	17:56.00	PR	Nyack, NY
Dual Meet	3M			
Dual Meet	2.5M	15:44.00	PR	Tappan Zee, NY

(6) Max Alves (TZ) SOPH

Best Times This Year.

Milton, NY
Dual Meet 5K
Dual Meet 3M
Dual Meet 2.5M

19:22.30 PR
18:49.00 PR
14:58.00 PR

Milton Invite #3
Nyack, NY
Tappan Zee, NY

