



Top Runners in Rockland County

Girls

Dual meet Results are used, plus:

Manhattan, Leagues, Coaches, Counties, Sections, States, Federations, National's & Other Invitational's

We can only go by the results I have received. You can always send your results in.

(Top 25 Runners)

Week of November 18th

(Due to Hurricane Sandy, there was no meet the week of Oct.28th)

The Section meet was run on Nov. 6th (there was no J.V. races)

State meet Nov.10th, we will redo this next week

1. Megan Young (Nan) SR

10/21 (3rd), 10/28 (UCH), 11/4 (UCH), 11/11 (2nd),
11/18 (UCH),

Dual Meet Results-Beat: W1 No results, W2 Madson Goldrick (TZ), W3 Laura Cooper (PR), Catherine Rayward (PR), W4 No Results,

Suffern Invit. – **DNR** Bear Mountain Park
Red Raider Run (5K) – **19:26.61** Anthony Wayne Park
EJ Herrman Invit – **19:49.0** Proctor Park, Utica, NY
Brewster Classic (5K) – **19:01** Brewster NY
Manhattan: – **15:07.4** Van Cortland Park
League 4B: **17:47.85 (2nd Place)** Bear Mountain Park
Coaches (5K): – **20:16.42** Bowdoin Park
County: – **17:34.60 (1st Place)** Bear Mountain Park
Sections (5K): Class B- **18:44.90 (1st)** Bowdoin Park
State Meet: Class B – **18:22.6 (1st Place)**
Federation Meet: **18:35.8 (4th Place)** Bowdoin Park

2. Kate Zendell (Suff) SO

10/21 (UCH), 10/28 (UCH), 11/4 (4th), 11/11 (3rd),
11/18 (4th),

Dual Meet Results-Beat: W1 No Results W2 No Meet
W3 Madison Goldrick (TZ), W4 DNR

Suffern Invit. - **18:36.47** Bear Mountain Park
Warwick Big Purple – **19:13.4** Warwick HS
Paul Short (5K) – **19:07** Lehigh University
Week of 9/30/12 – **DNR**
Manhattan: - **15:13.3** Van Cortland Park
League 4A: **18:18.74 (2nd Place)** Bear Mountain Park
Coaches (5K): - **DNR** Bowdoin Park
County: - **18:01.18 (3rd Place)** Bear Mountain Park
Sections (5K): Class A- **18:55.11 (3rd)** Bowdoin Park
State Meet: Class A – **18:51.9 (30th Place)**
Federation Meet: **18:50.7 (10th Place)** Bowdoin Park

3. Erin Jaskot (TZ) JR

10/21 (2nd), 10/28 (UCH), 11/4 (3rd), 11/11 (4th),
11/18 (UCH),

Dual Meet Results-Beat: W1 Sam Rokicsak (CS), Chloe Tannhauser (NR), W2 Megan Young (NAN), Lauren Fernandez (NAN), W3 Kate Zendell (SUFF), Rachel Ludwikowski (SUFF), W4 Laura Cooper (PR),

Suffern Invit. - **18:59.54** Bear Mountain Park
Queensbury Invit. (5K) – **19:00.82** Queensbury HS
Suffolk Coaches (5K) – **19:43.7** Sunken Meadow
Week of 9/30/12 – **DNR**
Manhattan: - **14:57.6** Van Cortland Park
League 4B: **18:09.78 (3rd Place)** Bear Mountain Park
Coaches (5K): - **19:37.58** Bowdoin Park
County: - **18:01.39 (4th Place)** Bear Mountain Park
Sections (5K): Class B – **19:09.64 (3rd)** Bowdoin Park
State Meet: Class B – **18:40.0 (9th Place)**
Federation Meet: **19:07.5 (17th Place)** Bowdoin Park

4. Kelly Hayes (PR) JR

10/21(UCH), 10/28 (UCH), 11/4 (UCH), 11/11 (1st),
11/18 (2nd),

Dual Meet Results-Beat: W1 Zoe Maisel (CN), W2 No Meet, W3 Megan Young (NAN), Brooke Madry (NAN), Katie O'Meara (NAN), W4 Erin Jaskot (TZ),

Briarwood Invit (5K) - **18:54.60** Belmont Plateau, Pa
Darlington Invit (5K) - **18:30** Darlington, NJ
Six Flags Wild Safari (5K) – **17:49** Six Flags, NJ
Fordham Prep (4K) – **15:28.81** Van Cortland Park
Manhattan: - **14:40.6** Van Cortland Park
League 4B: - **17:31.91 (1st Place)** Bear Mountain Park
Coaches (5K): - **19:31.63** Bowdoin Park
County: - **17:56.27 (2nd Place)** Bear Mountain Park
Sections (5K): Class B -**19:02.08 (2nd)** Bowdoin Park
State Meet: Class B – **20:46.7 (84th Place)**
Federation Meet: **19:343.8 (45th Place)** Bowdoin Park

5. Mary Katie O'Meara (Nan) JR

10/21 (UCH), 10/28 (UCH), 11/4 (UCH), 11/11 (UCH),
11/18 (6th),

Dual Meet Results-Beat: W1 No results, W2 DNR,
W3 Kara Santa Teresa (CS), Sam Rokicsak (CS),
W4 No Results,

Suffern Invit. – DNR Bear Mountain Park
Red Raider Run (5K) – DNR Anthony Wayne Park
EJ Herrman Invit – 21:10.5 Proctor Park, Utica, NY
Brewster Classic (5K) – 20:02 Brewster NY
Manhattan: – 15:29.4 Van Cortland Park,
League 4B: 18:43.29 (4th Place) Bear Mountain Park
Coaches (5K): – 19:40.21 Bowdoin Park
County: – 18:41.91 (8th Place) Bear Mountain Park
Sections (5K): Class B - 19:37.11 (5th) Bowdoin Park
State Meet: Class B – 19:03.5 (25th Place)
Federation Meet: 19:41.0 (52nd Place) Bowdoin Park

6. Rachel Ludwikowski(Suff) 8th

10/21 (UCH), 10/28 (UCH), 11/4 (UCH), 11/11 (UCH),
11/18 (5th),

Dual Meet Results-Beat: W1 No Results, W2 No Meet,
W3 Madison Goldrick (TZ), W4 DNR

Suffern Invit. - 20:07.81 Bear Mountain Park
Warwick Big Purple – 19:50.0 Warwick HS
Paul Short (5K) – 18:57 Lehigh University
Week of 9/30/12 – DNR
Manhattan: – 15:21.5 Van Cortland Park
League 4A: 18:18.14 (1st Place) Bear Mountain Park
Coaches (5K): – DNR Bowdoin Park
County: – 18:24.57 (5th Place) Bear Mountain Park
Sections (5K): Class A- 20:24.82 (12th) Bowdoin Park
State Meet: Class A – 19:23.7 (48th Place)
Federation Meet: 20:35.4 (108th Place) Bowdoin Park

7. Catherine Rayward (PR) SO

10/21 (9th), 10/28 (UCH), 11/4 (8th), 11/11 (7th),
11/18 (9th),

Dual Meet Results-Beat: W1 Zoe Maisel (CN),
W2 No Meet, W3 Lauren Fernandez (NAN),
Katie O'Meara (NAN), W4 Deirdre Rizzo (TZ),

Briarwood Invit. (5K) - 20:43.60 Belmont Plateau, Pa
Darlington Invit. (5K) - 20:04 Darlington, NJ
Six Flags Wild Safari (5K) – 19:31 Six Flags, NJ
Fordham Prep (4K) – 16:50.88 Van Cortland Park
Manhattan: - 15:37.4 Van Cortland Park,
League 4B: 18:59.87 (6th Place) Bear Mountain Park
Coaches (5K): - 20:03.79 Bowdoin Park
County: - 18:33.41(7th Place) Bear Mountain Park
Sections (5K): Class B – 19:51.57 (6th) Bowdoin Park
State Meet: Class B – 19:44.7 (51st Place)
Federation Meet: 19:48.5 (60th Place) Bowdoin Park

8. Taryn Colon (Suff) SR

10/21 (7th), 10/28 (UCH), 11/4 (9th), 11/11 (8th),
11/18 (7th),

Dual Meet Results-Beat: W1 No Results,
W2 No Meet, W3 Madison Goldrick (TZ),
W4 Kara Santa-Theresa (CS)

Suffern Invit. – 19:17.55 Bear Mountain Park
Warwick Big Purple – 20:02.9 Warwick HS
Paul Short (5K) – 19:40 Lehigh University
Week of 9/30/12 – DNR
Manhattan: - 15:35.6 Van Cortland Park,
League 4A: 18:50.28 (3rd Place) Bear Mountain Park
Coaches (5K): - DNR Bowdoin Park
County: - 18:51.32 (9th Place) Bear Mountain Park
Sections (5K): Class A -19:55.29 (9th) Bowdoin Park
State Meet: Class A – 19:25.7 (50th Place)
Federation Meet: 19:52.0 (66th Place) Bowdoin Park

9. Brooke Madry (Nan) SO

*10/21 (8th), 10/28 (UCH), 11/4 (7th), 11/11 (9th),
11/18 (8th),*

Dual Meet Results-Beat: W1 No Results, W2 Madison Goldrick (TZ), Deidre Rizzo (TZ), W3 Catherine Rayward (PR), W4 No Results

Suffern Invit. – **DNR** Bear Mountain Park
Red Raider Run (5K) – **20:12.14** Anthony Wayne Park
EJ Herrman Invit – **20:03.6** Proctor Park, Utica, NY
Brewster Classic (5K) – **19:33** Brewster NY
Manhattan: – **15:36.7** Van Cortland Park
League 4B: **18:59.87 (5th Place)** Bear Mountain Park
Coaches (5K): – **20:01.53** Bowdoin Park
County: – **18:27.89 (6th Place)** Bear Mountain Park
Sections (5K): Class B – **20:16.83 (7th)** Bowdoin Park
State Meet: Class B – **19:40.1 (50th Place)**
Federation Meet: **20:28.5 (104th Place)** Bowdoin Park

10. Lauren Fernandez (Nan) JR

*10/21 (UCH), 10/28 (UCH), 11/4 (UCH), 11/11 (UCH),
11/18 (UCH),*

Dual Meet Results-Beat: W1 No Results, W2 Madison Goldrick (TZ), Cassidy Ayres (TZ), W3 Sam Rokicsak (CS), Emma Haley (PR), W4 No Results

Suffern Invit. – **19:25.70** Bear Mountain Park
Red Raider Run (5K) – **20:13.75** Anthony Wayne Park
EJ Herrman Invit – **20:41.8** Proctor Park, Utica, NY
Brewster Classic (5K) – **20:08** Brewster NY
Manhattan: - **16:21.5** Van Cortland Park,
League 4B: **19:10.99 (7th Place)** Bear Mountain Park
Coaches (5K): - **20:34.69** Bowdoin Park
County: - **18:56.39 (10th Place)** Bear Mountain Park
Sections (5K): Class B- **20:33.98 (13th)** Bowdoin Park
State Meet: Class B – **20:20.1 (70th Place)**
Federation Meet: **20:51.3 (125th Place)** Bowdoin Park

11. Madison Goldrick (TZ) JR

*10/21 (UCH), 10/28 (UCH), 11/4 (13th), 11/11 (12th),
11/18 (UCH),*

Dual Meet Results-Beat: W1 Katari Salvseen (CS), W2 Ellie Collinson (NAN), Stephanie Mungroo (NAN), W3 K. McIntosh (SUF), A. Breton (SUF), W4 Emma Haley (PR), Zoe Robertson (NY),

Suffern Invit. – **21:04.15** Bear Mountain Park
Queensbury Invit. (5K) – **20:28.94** Queensbury HS
Suffolk Coaches (5K) – **21:14.4** Sunken Meadow
Week of 9/30/12 – **DNR**
Manhattan: – **16:14.9** Van Cortland Park,
League 4B: **19:31.84 (11th Place)** Bear Mountain Park
Coaches (5K): – **20:44.66** Bowdoin Park
County: – **19:26.71 (13th Place)** Bear Mountain Park
Sections (5K): Class B- **20:49.43 (15th)** Bowdoin Park
State Meet: Class B – **DNR**
Federation Meet: **DNR**

12. Deidre Rizzo (TZ) JR

*10/21 (15th), 10/28 (UCH), 11/4 (16th), 11/11 (13th),
11/18 (UCH),*

Dual Meet Results-Beat: W1 Sam Rokicsak (CS), W2 Ellie Collinson (NAN), W3 K.McIntosh (SUF), W4 Ailish Durcan (PR), Zoe Robertson (NY), Emily Haley (PR),

Suffern Invit. – **20:06.03** Bear Mountain Park
Queensbury Invit. (5K) – **20:10.79** Queensbury HS
Suffolk Coaches (5K) – **20:53.6** Sunken Meadow
Week of 9/30/12 – **DNR**
Manhattan: - **16:01.5** Van Cortland Park
League 4B: **19:34.58 (12th Place)** Bear Mountain Park
Coaches (5K): - **21:18.12** Bowdoin Park
County: - **19:33.59 (16th Place)** Bear Mountain Park
Sections (5K): Class B- **20:26.72 (10th)** Bowdoin Park
State Meet: Class B - **DNR**
Federation Meet: **DNR**

13. Kaitlyn Harding (PR) 8th

*10/21 (19th), 10/28 (UCH), 11/4 (17th), 11/11 (14th),
11/18 (UCH),*

Dual Meet Results-Beat: W1 Zoe Maisel, (CN), W2 No Meet, W3 Lauren Fernandez (NAN), Sam Rokicsak (CS), W4 Deirdre Rizzo (TZ), Zoe Robertson (NY),

Briarwood Invit (5K) - **21:35.20** Belmont Plateau, Pa
Darlington Invit (5K) - **21:19** Darlington, NJ
Six Flags Wild Safari (5K) – **19:48** Six Flags, NJ
Fordham Prep (2500m) – **10:17.94** Van Cortland Park
Manhattan: – **15:55.5** Van Cortland Park
League 4B: **19:46.00 (15th Place)** Bear Mountain Park
Coaches (5K): – **21:32.99** Bowdoin Park
County: – **19:29.30 (14th Place)** Bear Mountain Park
Sections (5K): Class B – **20:27.49 (11th)** Bowdoin Park
State Meet: Class B - **DNR**
Federation Meet: **21:03.9 (140th Place)** Bowdoin Park

14. Kristian Carbone (Nan) FR

*10/21 (14th), 10/28 (UCH), 11/4 (UCH), 11/11 (11th),
11/18 (UCH),*

Dual Meet Results-Beat: W1 No Results, W2 Erin Von Dollen (TZ), W3 Brianne Garvey (PR), Kelly Longarino (CS), W4 No Results

Suffern Invit. – Bear Mountain Park
Red Raider Run (5K) – Anthony Wayne Park
EJ Herrman Invit – **22:11.8** Proctor Park, Utica, NY
Brewster Classic (2500m) – **9:58** Brewster NY
Manhattan: – **16:41.6** Van Cortland Park
League 4B: **19:16.22 (8th Place)** Bear Mountain Park
Coaches (5K): – **20:53.64** Bowdoin Park,
County: – **19:14.96 (12th Place)** Bear Mountain Park
Sections (5K): Class B- **20:55.77 (18th)** Bowdoin Park
State Meet: Class B – **20:19.3 (69th Place)**
Federation Meet: **21:18.4 (156th Place)** Bowdoin Park

15. Kassidy Ayres (TZ) SO

*10/21 (12th), 10/28 (UCH), 11/4 (14th), 11/11 (UCH),
11/18 (UCH),*

Dual Meet Results-Beat: W1 Naomi Costabile (NR), W2 Ellie Collinson (NAN), Stephanie Mungroo(NAN), W3 K. McIntosh (SUF), W4 Ailish Durcan (PR),

Suffern Invit. – **20:34.80** Bear Mountain Park
Queensbury Invit. (5K) – **20:24.38** Queensbury HS
Suffolk Coaches (5K) – **21:02.6** Sunken Meadow
Week of 9/30/12 – **DNR**
Manhattan: – **15:59.7** Van Cortland Park
League 4B: **19:25.83 (10th Place)** Bear Mountain Park
Coaches (5K): – **21:03.59** Bowdoin Park
County: – **19:38.23 (17th Place)** Bear Mountain Park
Sections (5K): Class B – **20:30.03 (12th)** Bowdoin Park
State Meet: Class B - **DNR**
Federation Meet: **DNR**

16. Laura Cooper (PR) JR

*10/21 (11th), 10/28 (UCH), 11/4 (15th), 11/11 (UCH),
11/18 (UCH),*

Dual Meet Results-Beat: W1 DNR, W2 No Meet, W3 Brooke Madry (NAN), Katie O'Meara (NAN), W4 Deirdre Rizzo (TZ),

Briarwood Invit (5K) - **20:51.20** Belmont Plateau, Pa
Darlington Invit (5K) - **19:40** Darlington, NJ
Six Flags Wild Safari (5K) – **19:13** Six Flags, NJ
Fordham Prep (4K) – **16:29.45** Van Cortland Park
Manhattan: – **15:45.7** Van Cortland Park
League 4B: **19:21.69 (9th Place)** Bear Mountain Park
Coaches (5K): – **DNR** Bowdoin Park
County: – **19:53.52 (22nd Place)** Bear Mountain Park
Sections (5K): Class B – **20:34.84 (14th)** Bowdoin Park
State Meet: Class B - **DNR**
Federation Meet: **21:02.5 (137th Place)** Bowdoin Park

17. Kamryn McIntosh (Suff) 8th

10/21 (NEW), 10/28 (UCH), 11/4 (UCH), 11/11 (UCH),
11/18 (20th),

Dual Meet Results-Beat: W1 No Results, W2 No Meet,
W3 C. Hartnett (TZ), Emily Betts (CN), W4 DNR

Suffern Invit. (FR race) – **11:40.87** Bear Mountain Park
Warwick Big Purple (FR race) – **8:48.7** Warwick HS
Paul Short (5K) – **21:11** Lehigh University
Week of 9/30/12 – **DNR**
Week Of 10/14/12- **DNR**
Manhattan: – **15:55.9** Van Cortland Park,
League 4A: **20:02.18 (8th Place)** Bear Mountain Park
Coaches (5K): – **DNR** Bowdoin Park
County: – **19:31.42 (15th Place)** Bear Mountain Park
Sections (5K): Class A- **20:42.96 (15th)** Bowdoin Park
State Meet: Class A – **20:35.7 (86th Place)**
Federation Meet: **20:01.1 (75th Place)** Bowdoin Park

18. Anna Breton (Suff) SO

10/21 (17th), 10/28 (UCH), 11/4 (12th), 11/11 (18th),
11/18 (17th),

Dual Meet Results-Beat: W1 No Results, W2 No Meet,
W3 Caitlin Hartnett (TZ), W4 Emily Betts (CN),

Suffern Invit. – **20:13.59** Bear Mountain Park
Warwick Big Purple – **21:22.2** Warwick HS
Paul Short (5K) – **21:10** Lehigh University
Week of 9/30/12 – **DNR**
Manhattan: – **16:21.4** Van Cortland Park,
League 4A: **19:42.94 (4th Place)** Bear Mountain Park
Coaches (5K): – **DNR** Bowdoin Park
County: – **19:05.80 (11th Place)** Bear Mountain Park
Sections (5K): Class A -**21:16.62 (24th)** Bowdoin Park
State Meet: Class A – **20:50.7 (92nd Place)**
Federation Meet: **21:25.7 (165th Place)** Bowdoin Park

19. Angelica Matwieczuk (Suff) JR

10/21 (20th), 10/28 (UCH), 11/4 (UCH), 11/11 (NR),
11/18 (18th),

Dual Meet Results-Beat: W1 No Results, W2 No Meet,
W3 Erin Von Dollen (TZ), W4 Kara Santa-Theresa
(CN), Samantha Rokicsak (CN),

Suffern Invit. – **21:13.43** Bear Mountain Park
Warwick Big Purple – **22:11.1** Warwick HS
Paul Short (5K) – **20:37** Lehigh University
Week of 9/30/12 – **DNR**
Manhattan: – **16:39.2** Van Cortland Park
League 4A: **21:30.10 (31st Place)** Bear Mountain Park
Coaches (5K): – **DNR** Bowdoin Park
County: – **19:37.07 (JV Race)** Bear Mountain Park
Sections (5K): Class A- **20:48.68 (17th)** Bowdoin Park
State Meet: Class B – **20:16.1 (76th Place)**
Federation Meet: **20:44.8 (118th Place)** Bowdoin Park

20. Caitlin Hartnett (TZ) FR

10/21 (16th), 10/28 (UCH), 11/4 (18th), 11/11 (17th),
11/18 (19th),

Dual Meet Results-Beat: W1 Briana Peralta (NR),
W2 Ellie Collinson (NAN), W3 E. Breton (SUF),
Emily Betts (CN), W4 Emma Haley (PR),
Zoe Robertson (NY),

Suffern Invit. – **20:34.01** Bear Mountain Park
Queensbury Invit. (5K) – **20:58.93** Queensbury HS
Suffolk Coaches (5K) – **21:02.9** Sunken Meadow
Week of 9/30/12 – **DNR**
Manhattan: – **16:46.2** Van Cortland Park
League 4B: **19:35.81 (13th Place)** Bear Mountain Park
Coaches (5K): – **21:32.26** Bowdoin Park
County: **19:59.24 (23rd Place)** Bear Mountain Park
Sections (5K): Class B – **20:53.90 (17th)** Bowdoin Park
State Meet: Class B – **DNR**
Federation Meet: **DNR**

21. Elina Breton (Suff) SO

10/21 (21st), 10/28 (UCH), 11/4 (UCH), 11/11 (19th),
11/18 (21st),

Dual Meet Results-Beat: W1 No Results, W2 No Meet,
W3 Emily Betts (CN), W4 Kara Santa-Theresa (CN),
Samantha Rokicsak (CN)

Suffern Invit. – **20:36.78** Bear Mountain Park
Warwick Big Purple – **21:30.6** Warwick HS
Paul Short (5K) – **20:42** Lehigh University
Week of 9/30/12 – **Did not run**
Manhattan: - **16:08.0** Van Cortland Park,
League 4A: **19:54.13 (6th Place)** Bear Mountain Park
Coaches (5K): - **DNR** Bowdoin Park
County: - **19:48.76 (20th Place)** Bear Mountain Park
Sections (5K): Class A - **20:55.79 (19th)** Bowdoin Park
State Meet: Class A – **20:40.2 (90th Place)**
Federation Meet: **21:18.6 (159th Place)** Bowdoin Park

22. Ailish Durcan (PR) 8th

10/21 (23rd), 10/28 (UCH), 11/4 (21st), 11/11 (22nd),
11/18 (24th),

Dual Meet Results-Beat: W1 Grace Ostolozaga (AM),
W2 No Meet, W3 Kara Santa Teresa (CS), W4 Madison
Goldrick (TZ), Zoe Robertson (NY),

Briarwood Invit (FR race) **11:49.20** Belmont Plateau Pa
Darlington Invit (5K) – **20:30** Darlington, NJ
Six Flags Wild Safari (5K) – **19:54** Six Flags, NJ
Fordham Prep (2500m) – **10:46.61** Van Cortland Park
Manhattan: – **16:31.3** Van Cortland Park
League 4B: **20:06.89 (19th Place)** Bear Mountain Park
Coaches (5K): – **21:39.46** Bowdoin Park
County: – **19:46.21 (19th Place)** Bear Mountain Park
Sections (5K): Class B – **21:31.87 (25th)** Bowdoin Park
State Meet: Class B – **DNR**
Federation Meet: **21:11.8 (149th Place)** Bowdoin Park

23. Emma Haley (PR) JR

10/21 (18th), 10/28 (UCH), 11/4 (24th), 11/11 (23rd),
11/18 (22nd),

Dual Meet Results-Beat: W1 Zoe Maisel (CN), W2 No
Meet, W3 Kara Santa Teresa (CS), Sam Rokicsak (CS),
W4 Erin Van Doller (TZ), Zoe Robertson (NY),

Briarwood Invit (5K) - **21:17.10** Belmont Plateau, Pa
Darlington Invit (5K) - **20:05** Darlington, NJ
Week of 9/22/12 – **DNR**
Fordham Prep (4K) – **DNR** Van Cortland Park
Manhattan: – **17:33.8** Van Cortland Park
League 4B: **19:43.81 (14th Place)** Bear Mountain Park
Coaches (5K): – **DNR** Bowdoin Park
County: – **20:42.11 (33rd Place)** Bear Mountain Park
Sections (5K): Class B- **21:10.70 (22nd)** Bowdoin Park
State Meet: Class B – **DNR**
Federation Meet: **22:05.3 (192nd Place)** Bowdoin Park

24. Emily Betts (CN) JR

10/21 (NEW), 10/28 (UCH), 11/4 (23rd), 11/11 (21st),
11/18 (23rd),

Dual Meet Results -Beat: W1 DNR, W2 Maria Avajie
(CS), W3 Urusla Svoboda (SUF), W4 No Results,

Suffern Invit. – **20:34.40** Bear Mountain Park
Red Raider Run (5K) – **20:57.00** Anthony Wayne Park
Fred Gressier - **21:02.77** White Plains HS
Brewster Classic (5K) – **20:06** Brewster NY
Bobcat Run (5K) – **20:46.2** Byram Hills HS
League 4A: **20:10.54 (11th Place)** Bear Mountain Park
Coaches (5K): – **21:10.9** Bowdoin Park
County: – **19:42.27 (18th Place)** Bear Mountain Park
Sections (5K): Class A- **21:30.05 (32nd)** Bowdoin Park
State Meet: Class A – **DNR**
Federation Meet: **DNR**

25. Kara Santa-Teresa (CS) JR

*10/21 (20th), 10/28 (UCH), 11/4 (UCH), 11/11 (NR),
11/18 (UCH),*

Dual Meet Results- Beat: W1 Kristen Dihari (NR),
Madison Goldrick (TZ), W2 Emily Betts (CN),
Zoe Robertson (NY), W3 Brianne Garvey (PR),
W4 Jumana Khatib (CS)

Suffern Invit. – **20:18.63** Bear Mountain Park
Red Raider Run (5K) – **20:47.09** Anthony Wayne Park
Week of 9/22/12 – **DNR**
Brewster Classic (5K) – **21:06** Brewster NY
Bobcat Run (5K) – **20:48.6** Byram Hills HS
League 4A: **20:01.46 (7th Place)** Bear Mountain Park
Coaches (5K): - **20:59.98** Bowdoin Park
County: - **20:27.81 (29th Place)** Bear Mountain Park
Sections (5K): Class A- **21:40.92 (36th)** Bowdoin Park
State Meet: Class A – **DNR**
Federation Meet: **DNR**

Honorable Mention

Claire Brennan (PR) FR

10/21 (NEW), 10/28 (UCH), 11/4 (22nd), 11/11 (UCH),

Dual Meet Results-Beat: W1 **DNR**, W2 **No Meet**,
W3 Kara Santa Teresa (CS), W4 Erin Van Doller (TZ),
Zoe Robertson (NY),

Briarwood Invit (5K) – **22:08.70** Belmont Plateau, Pa
Darlington Invit (FR race) – **10:17** Darlington, NJ
Six Flags Wild Safari (5K) – **20:47** Six Flags, NJ
Fordham Prep (2500m) – **10:42.03** Van Cortland Park
Manhattan (1.25miles) - **7:27.0** Van Cortland Park
League 4B: **19:52.30 (17th Place)** Bear Mountain Park
Coaches (5K): - **22:30.88** Bowdoin Park
County: - **19:53.74 (JV Race)** Bear Mountain Park
Sections (5K): Class B- **22:51.76 (22nd)** Bowdoin Park
State Meet: Class B - **DNR**
Federation Meet: **DNR**

Kristien Dibari (NR) SO

10/21 (20th), 10/28 (UCH), 11/4 (UCH), 11/11 (UCH),

Dual Meet Results-Beat: W1 Madison Goldrick (TZ),
Kassidy Ayres (TZ), W2 **No Meet**, W3 **No Meet**,
W4 **No Results**

Suffern Invit. – **20:41.32** Bear Mountain Park
Red Raider Run (5K) – **20:40.70** Anthony Wayne Park
Week of 9/22/12 – **DNR**
Week of 9/30/12 – **DNR**
Manhattan: - **16:52.5** Van Cortland Park
League 4A: **20:20.51 (14th Place)** Bear Mountain Park
Coaches (5K): - **21:25.94** Bowdoin Park
County: - **20:08.90 (26th Place)** Bear Mountain Park
Sections (5K): Class A- **22:26.63 (55th)** Bowdoin Park
State Meet: Class A - **DNR**
Federation Meet: **DNR**

Kaitlin O’Riordan (PR) JR

10/21 (20th), 10/28 (UCH), 11/4 (UCH), 11/11 (UCH),

Dual Meet Results-Beat: W1 Zoe Maisel (CN),
W2 No Meet, W3 Kara Santa Teresa (CS),
W4 Deirdre Rizzo (TZ),

Briarwood Invit (5K) - **21:08.80** Belmont Plateau, Pa
Darlington Invit (5K) – **20:45** Darlington, NJ
Six Flags Wild Safari (5K) – **20:00** Six Flags, NJ
Fordham Prep (4K) – **17:18.06** Van Cortland Park
Manhattan: – **16:37.2** Van Cortland Park
League 4B: **19:51.33 (16th Place)** Bear Mountain Park
Coaches (5K): – **21:40.76** Bowdoin Park
County: – **20:50.29 (35th Place)** Bear Mountain Park
Sections (5K): Class B – **DNR** Bowdoin Park
State Meet: Class B - **DNR**
Federation Meet: **22:28.5 (209th Place)** Bowdoin Park

Ellie Collinson (Nan) SR

Dual Meet Results-Beat: W1 No Results, W2 Kara Santa
Teresa (CS), W3 Emma Haley (PR), Brianne Garvey
(PR), W4 No Results

Suffern Invit. – **21:25.70** Bear Mountain Park
Red Raider Run (5K) –**DNR** Anthony Wayne Park
EJ Herrman Invit – **22:08.7** Proctor Park, Utica, NY
Brewster Classic (5K) – **21:35** Brewster NY
Manhattan: – **17:25.2** Van Cortland Park
League 4B: **20:18.76 (20th Place)** Bear Mountain Park
Coaches (5K): – **23:17.01** Bowdoin Park
County: – **20:41.58 (32nd Place)** Bear Mountain Park
Sections (5K): Class B – **22:00.80 (31st)** Bowdoin Park
State Meet: Class B – **20:56.5 (90th Place)**
Federation Meet: **22:05.5 (193rd Place)** Bowdoin Park

Stephine Mungroo (Nan) SR

Dual Meet Results-Beat: W1 No results, W2 Erin Von
Dollen (TZ), W3 Katie Parnow (PR), W4 No Results

Suffern Invit. – **20:38.00** Bear Mountain Park
Red Raider Run (5K) – **DNR** Anthony Wayne Park
EJ Herrman Invit – **21:27.1** Proctor Park, Utica, NY
Brewster Classic (5K) – **20:45** Brewster NY
Manhattan: - **DNR** Van Cortland Park
League 4B: **19:59.02 (18th Place)** Bear Mountain Park
Coaches (5K): - **21:33.36** Bowdoin Park
County: - **21:28.41 (45th Place)** Bear Mountain Park
Sections (5K): Class B – **DNR** Bowdoin Park
State Meet: Class B – **21:50.3 (115th Place)**
Federation Meet: **22:44.7 (218th Place)** Bowdoin Park

Honorable Mention

Samantha Rokicsak (CS) JR

Dual Meet Results-Beat: W1Chloe Tannhauser (NR), Caitlin Hartnett (TZ), W2 Did not run, W3 Ellie Collinson (NAN), Emma Haley (PR), W4 Jumana Khatib (SUF),

Suffern Invit. – **19:52.74** Bear Mountain Park

Red Raider Run (5K) – **20:57.93** Anthony Wayne Park

Week of 9/22/12 – **DNR**

Brewster Classic (5K) – **21:21** Brewster, NY

Bobcat Run (5K) – **21:02.8** Byram Hills HS

League 4A: **20:21.16 (15th Place)** Bear Mountain Park

Coaches (5K): - **22:38.78** Bowdoin Park

County: - **20:10.46 (27th Place)** Bear Mountain Park

Sections (5K): Class A- **22:13.73 (50th)** Bowdoin Park

Casie Morgan (Suffern) JR

Dual Meet Results-Beat: W1 No Results, W2 No Meet, W3, Madison Goldrick (TZ), Emily Betts (CN), W4 DNR

Suffern Invit. – **20:13.59** Bear Mountain Park

Warwick Big Purple – **21:22.2** Warwick HS

Week of 9/30/12 – **DNR**

Manhattan: – **DNR** Van Cortland Park

League 4A: **20:05.68 (9th Place)** Bear Mountain Park

Coaches (5K): – **DNR** Bowdoin Park

County: – **21:05.51 (38th Place)** Bear Mountain Park

Sections (5K): Class A – **DNR** Bowdoin Park

Chloe Tannhauser (NR) SR

Dual Meet Results-Beat: W1 Caitlin Hartnett (TZ), Kara Santa-Theresa (CS), W2 No Meet, W3 No Meet, W4 No results

Suffern Invit. – **20:55.14** Bear Mountain Park

Red Raider Run (5K) – **21:14.25** Anthony Wayne Park

Week of 9/22/12 – **DNR**

Week of 9/30/12 – **DNR**

Manhattan: – **17:08.8** Van Cortland Park

League 4A: **20:38.31 (17th Place)** Bear Mountain Park

Coaches (5K): – **21:28.14** Bowdoin Park

County: – **20:33.93 (30th Place)** Bear Mountain Park

Sections (5K): Class A- **21:38.67 (35th)** Bowdoin Park

Ursula Svoboda (Suffern) SR

Dual Meet Results-Beat: W1 No Results, W2 No Meet, W3 Von Dollen (TZ), W4 DNR

Suffern Invit. – **20:28.24** Bear Mountain Park

Warwick Big Purple – **DNR** Warwick HS

Paul Short (5K) – **20:58** Lehigh University

Week of 9/30/12 – **DNR**

Week of 10/14/12- **DNR**

Manhattan: - **DNR** Van Cortland Park,

League 4A: **20:25.10 (16th Place)** Bear Mountain Park

Coaches (5K): - **DNR** Bowdoin Park

County: - **20:23.39 (JV Race)** Bear Mountain Park

Sections (5K): Class A – **DNR** Bowdoin Park

24. Kylie O'Grady (NR) FR

Dual Meet Results,

Beat:

Suffern Invit.(FR Race) – **11:38.58** Bear Mountain Park

Red Raider Run (5K) – **22:03.68** Anthony Wayne Park

Week of 9/22/12 – **DNR**

Week of 9/30/12 – **DNR**

Manhattan: - **DNR** Van Cortland Park,

League 4A: **20:41.70 (18th Place)** Bear Mountain Park

Coaches: - **21:24.77** Bowdoin Park

County: - **19:52.24 (21st Place)** Bear Mountain Park

Sections (5K): Class A-**21:17.14 (25th)** Bowdoin Park